

Bla Bla Bla Cha Cha Cha

COPPER **KNOB**
BY SHEETS

Count: 32

Wall: 2

Level: High Beginner

Choreographer: Helaine Norman (USA) - October 2016

Music: Bla Bla Bla Cha Cha Cha - Petty Booka



Notes: The original recording has a long intro, then 16 counts of faster music before vocal when the dance starts). You may be able to find a version with the longer intro eliminated.

(This dance will also go to most any cha-cha rhythm music without a Tag or Restart.)

This cha cha song is short. This dance would make a nice 4-wall dance as well when the music choice is longer; just change the last 5-6 and 7-8 to two 1/4 turns instead of two 1/8 turns.

S1. Walk Walk Triple Rock Recover Triple

- 1-2 Walk right forward crossing over left (1), walk left forward crossing over right (2)
- 3&4 Step right forward (3), lock left behind right (&), step right forward (4)
- 5-6 Rock left forward (5), recover right (6)
- 7&8 Step left back (7), lock right across left (&), step left back (8)

S2. Rock Recover Crossing Triple, Rock Recover Crossing Triple

- 1-2 Rock right side (1), recover left (2)
- 3&4 Crossing chassé right-left-right
- 5-6 Rock left side recover right (5-6)
- 7&8 Crossing chassé left-right-left

S3. ¼ Turn, Triple, Paddle Turns

- 1-2 ¼ turn left stepping right side and left forward (9:00)
- 3&4 Triple right left right forward
- 5-6 ¼ turn left (12:00)
- 7-8 ¼ turn left (3:00)

S4. Rock Recover, 1/2 Turn Triple, Paddle Turns

- 1-2 Rock left forward (1), recover back (2)
- 3&4 1/2 turning chassé (over left shoulder) left-right-left (9:00)
- 5-6 1/8 turn right-left (9:00)
- 7-8 1/8 turn right-left (6:00)

Start dance again.

Contact: helaine43@gmail.com

Last Update - 30 Mar 2022