Well Swung

Count: 48 **Wall:** 4 **Level:** Improver
Choreographer: Daniel Whittaker (UK) - October 2016
Music: In the Mood (feat. Shoowop Shop) - Swing City : (iTunes)

NOTE: There are TWO Restarts during walls 4 (3:00 wall) and wall 9 (9:00 wall)

START: 32 Count intro (aprox 11 seconds)

[1-8]☐Side together forward, side together back, hitch☐

1-4	Step right to right side, close left beside right, step right forward, hold☐12:00
5-8	Step left to left side, close right beside left, step left back, hitch right knee☐12:00

[9-16]☐Right coaster step, Left shuffle forward☐

1-4	Step right foot back, close left to right, stpe right forward, hold☐12:00
5-8	Shuffle forward L-R-L, hold☐12:00

[17-24]☐Kick out right, out left, twist right, twist left☐12:00

1-4	Kick right forward, step right out to right side, step left to left side, hold (shoulder width apart)☐12:00
5-8	Twist right heel inwards towards left, return right heel, twist left heel inwards towards right, return left heel☐12:00

[25-32]☐Cross and heel, cross over unwind ½ turn☐

1-4	Cross right over left, step left back left diagonal, touch right heel forward towards right diagonal, hold☐12:00
5-8	Step right in place, step left over right, unwind ½ turn right, end weight on left☐06:00

***** RESTART HERE ON WALL 4 facing 3:00 wall and wall 9 facing 9:00 wall **☐**

[33-40]☐Grapevine right, cross rock ¼ turn, hitch☐

1-4	Step right to right side, cross left behind right, step right to right side, hold☐06:00
5-8	Rock left over right, recover weight on right, make ¼ turn left stepping forward left, hitch right☐03:00

[41-48]☐½ hitch, ½ hitch, rock recover run back right, left☐

1-2	Make ½ turn left stepping back on right, hitch left☐09:00
3-4	Make ½ turn left stepping forward left, hitch right☐03:00
5-6	Rock right foot forward, recover weight on left foot☐03:00
7-8	Run back right, left☐03:00

OPTIONAL INTRODUCTION (start this 16 counts intro 16 counts into the music, aprox 5 seconds)☐
[1-8]☐Jump out, cross over unwind☐

&1-2-3-4	Step right out, step left out☐12:00
&5-6-7-8	Step right in, cross left over right, hold, unwind ½ turn right☐06:00

[9-16]☐Jump out, cross over unwind☐

&1-2-3-4	Step right out, step left out☐06:00
&5-6-7-8	Step right in, cross left over right, hold, unwind ½ turn right☐12:00

Note: You will end facing 12:00 wall so you can make your own big finish…. Dah Dahhhhh! Enjoy it and have lots of fun!☐

Contact: www.dancefeveruk.com - daniel.whittaker@dancefeveruk.com - Mobile number: 07739 352209