

# Praise The Lord

Count: 34

Wall: 4

Level: Beginner

Choreographer: Micaela Svensson Erlandsson (SWE) - September 2016

Music: I Saw The Light - Derek Ryan : (Album: A Mothers Son)



Intro: Start on the word "Wonder".

## Section 1: □ Rock Step. Coaster Step. Rock Step. Coaster Step.

- 1-2 Rock forward on right. Recover onto left.  
3&4 Step back on right. Step left beside right. Step forward on right.  
5-6 Rock forward on left. Recover onto right.  
7&8 Step back on left. Step right beside left. Step forward on left.

## Section 2: □ Step. ½ Turn left. Step. ¼ turn left. Right Bota Fogo. Left Bota Fogo.

- 1-2 Step forward on right. Turn ½ left.

### Restart here: On Wall 6 (Facing 3 O'clock).

- 3-4 Step forward on right. Turn ¼ left.  
5&6 Step forward crossing right over left. Rock left to left. Recover onto right.  
7&8 Step forward crossing left over right. Rock right to right. Recover onto left.

## Section 3: □ Rock Step. Back Shuffle. Coaster Step. Walk. Walk.

- 1-2 Rock forward on right. Recover onto left.  
3&4 Step back on right. Close left beside right. Step back on right.  
5&6 Step back on left. Step left beside right. Step forward on left.  
7&8 Walk forward on right. Walk forward on left.

## Section 4: Kick Ball Change. Step. ¼ Turn left. Kick Ball Change. Step. ¼ Turn left.

- 1&2 Kick right forward. Step right in place. Step left in place.  
3-4 Step forward on right. Turn 1/4 left.  
5&6 Kick right forward. Step right in place. Step left in place.  
7-8 Step forward on right. Turn 1/4 left.

## Section 5: □ Stomp & Wave arms right. Stomp & Wave arms left.

- 1-2 Stomp right in place waving the arms right. Stomp left in place waving arms left.

Restart: on Wall 6 in Section 2 after the step. ½ Turn facing 3 O'clock.

Note: The music sounds like you should restart or do a tag on wall 5.  
Ignore it and Restart on the next wall facing after the Step. ½ turn, facing 3 O'clock.

Last Update - 8th Oct 2016