

Running EZ

COPPER KNOB
STEPSHETS

Count: 16

Wall: 4

Level: Beginner NC

Choreographer: Elaine Cook (CAN) - June 2016

Music: Running - James Bay



Intro: 32 Counts - No Tags Or Restarts

[1-8]□□Nightclub, Step ¼ L, Shuffle Forward, Rock Step, Coaster

1-2&3 Step side right, rock back left, recover right, turn ¼ left stepping forward left

4&5 Shuffle forward right, left, right

6-7 Rock forward left, recover right

8&1 Step left back, step right beside left, step left forward

[9-16]□□Sway, Sway, Back Weave 3, Sway Sway, Sway

2-3 Sway right, left

4&5 Step right behind left, step left to side, cross right over left

6-7-8 Sway left, right, left

Choreographer's Notes:

Written for our Beginner dancers as a floor split for Will Craig's Intermediate dance "Running"

Contact: elainecook82@gmail.com
