

# Running EZ

**COPPER KNOB**  
STEPSHETS

**Count:** 16

**Wall:** 4

**Level:** Beginner NC

**Choreographer:** Elaine Cook (CAN) - June 2016

**Music:** Running - James Bay



**Intro: 32 Counts - No Tags Or Restarts**

**[1-8]□□Nightclub, Step ¼ L, Shuffle Forward, Rock Step, Coaster**

1-2&3 Step side right, rock back left, recover right, turn ¼ left stepping forward left

4&5 Shuffle forward right, left, right

6-7 Rock forward left, recover right

8&1 Step left back, step right beside left, step left forward

**[9-16]□□Sway, Sway, Back Weave 3, Sway Sway, Sway**

2-3 Sway right, left

4&5 Step right behind left, step left to side, cross right over left

6-7-8 Sway left, right, left

**Choreographer's Notes:**

Written for our Beginner dancers as a floor split for Will Craig's Intermediate dance "Running"

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