Dancing On My Own



Count: 64 Wall: 2 Level: Intermediate

Choreographer: Stephen & Lesley McKenna (SCO) - September 2016

Music: Dancing On My Own (feat. Tiësto) (Tiësto Remix) - Calum Scott : (Single)



Intro:- 64 counts

	Section 1: Step I	L to 1.30, ste	p R. ½ L point L	., ½ R, point R, ba	ack R, point L, back L
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1-2	Step forward L	towards 1.30.	Step forward R 1.30

3-4 Turn ½ L 7.30 as you point L toe forward, turn ½ R 1.30 stepping L next to R

5-6 Point R toe forward 1.30, step back R7-8 Point L toe to L side, Step back L

Section 2: ½ R to 7.30 , L together, heel switches R L, ball, R step forward with dip, L together, R step forward with dip, L together

1-2 Turn ½ R stepping forward R to 7.30, Step L next to R

3&4& Dig R heel forward, step R next to L, dig L heel forward, Step L next to R

5-6 Step forward R dip slightly, straighten up as you step L next and click R fingers to R side 7-8 Step forward R dip slightly, straighten up as you step L next and click R fingers to R side

*1st Restart here- L touch instead of step (see notes)

Section 3: Step R forward to 7.30, pivot ½ L to 1.30, 1/8 L step R side, behind, side, point L front, point L side, behind, side, cross

1-2 Step forward R to 7.30, pivot ½ L to 1.30

3-4& Turn 1/8 L (12 o'clock) stepping R to R side, step L behind R, step R small step to R side

5-6 Point L toe forward slightly crossing R, point L toe to L side

7&8 Step L behind R, step R to R side, Cross L over R

Section 4: Point R, cross with dip, L side, cross with dip, ¼ R, touch, back R shuffle

1-2 Point R toe to R side, cross R over L as you dip3-4 Step L to L side, cross R over L as you dip

5-6 Turn ¼ R stepping back slightly L, touch R toe next to L (3 o'clock)

7&8 Step back R, step L next to R, step back R

Section 5: L rock back, recover, 1/2 R side rock, recover, L rock back, recover, 1/2 shuffle

1-2 Rock back L, recover R

3-4 Turn ¼ R rocking L to L side, recover R (6 o'clock)

5-6 Rock back L, recover R

7&8 Turn ¼ R stepping L, step R next to L, turn ¼ R stepping back L (12 o'clock)

Section 6: R rock back, recover, ¼ L side rock, recover, R rock back, recover, ½ shuffle

1-2 Rock back R, recover L

3-4 Turn ½ L rocking R to R side, recover L (9 o'clock)

5-6 Rock back R, recover L

7&8 Turn ¼ L stepping R, step L next to R, turn ¼ L stepping back R (3 o'clock) ** Restarts here-

see notes

Section 7: L sailor step, R toe back, reverse pivot ¼ R, L sailor step, R toe back, reverse pivot ¼ R

1&2	Step L behind R, small step R to R side, small step L to L side
3-4	Touch R toe back, turn 1/4 R stepping down on R (6 o'clock)
5&6	Step L behind R, small step R to R side, small step L to L side
7-8	Touch R toe back, turn ¼ R stepping down on R (9 o'clock)

Section 8: Twist 1/4 L, twist 1/4 L, hold, heel ball 1/8 R to 7.30, sit down, up

1-2 keeping both feet in place twist ¼ L weight L, twist ¼ R weight R

3-4 Twist ¼ L weight L, hold (6 o'clock)

Touch R heel next to L, step R 1/8 R to 7.30, step L next to R

7-8 Bend both knees as though sitting down slightly, straighten knees to stand up – weight R

Start again – Enjoy!

CONTACT US:- stephen-edward-mckenna@sky.com FIND US ON FACEBOOK @Rodeostomp Linedancing

^{*1}st Restart:- Restart the dance after 16 counts of wall 1. Step change on count 16 - touch L next to R.

^{**} Restart on wall 3, 5 and 6, after section 6. Step and timing change on count 7&8 (section 6) – Step forward R, pivot 5/8 (1.30) L taking weight back on R- Count becomes 7-8 on step change.