

# My Heart Is Lost To You

**COPPER** KNOB  
STEPPERS

Count: 32

Wall: 2

Level: Easy Intermediate

Choreographer: Bill Larson (AUS) - August 2016

Music: My Heart Is Lost to You - Brooks & Dunn : (CD: Great Hits Collection)



**Weight on Right, Start 32 counts in on vocals (18 seconds) V2 28.8.16 - Turning CCW**

## **S1. □□ Step Turn/ Kick, Coaster Step, Side Recover Cross Shuffle**

1,2 Step forward on L, turning 1/2 R Kick R forward (6:00)  
3&4 Step back on R, Step L beside R, Step R forward  
5,6 Step L to side, Recover weight onto R  
7&8 Cross shuffle to right: Stepping L, R, L

## **S2. □□ 1/4 L, 1/4 L, Cross Shuffle, Side Recover Sailor Step**

1,2 turning 1/4 L Step back on R (3:00), turning 1/4 L Step L to side (12:00)  
3&4 Cross shuffle to left: Stepping R, L, R

## **\*\*\*\* □□ Restart here on Walls 4 & 8 (12 counts)**

5,6 Step L to Side, Recover weight onto R  
7,8 Step L behind R, Step R to side, Recover weight back onto L

## **S3. □□ Forward Recover Coaster Step, Forward Recover, Roll Back Full Turn**

1,2 Step forward onto R, Recover weight back onto L  
3&4 Step back on R, Step L beside R, Step R forward  
5,6 Step forward onto L, Recover weight back onto R  
7&8 turning 1/2 L Step forward on L (6:00), turning 1/2 L Step back on R (12:00)

## **S4. □□ Step Back Recover, Shuffle Forward, Turning Shuffle, Back Recover**

1,2 Step back on L, Recover weight onto R  
3&4 Shuffle forward: Stepping L, R, L  
5,6 turning 1/2 L Shuffle back: Stepping R, L, R (6:00)  
7,8 Step back on L, Recover weight onto R

Contact: (bill\_larson@hotmail.com)

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