

It's All In You

Count: 48

Wall: 2

Level: Intermediate

Choreographer: Jessica Wegmann (CH) - July 2016

Music: All in You (feat. Anna Kova) - Synapson : (iTunes)



Intro : 16 counts, dance begins on vocal « I talk for a reason ».

[1-8] □ Walks Fwd x2, Cross Scissor Step, Cross, ¼ turn L Step, Rolling vine

- 1-2 Walk R forward, Walk L forward
- 3&4 Cross R over, Step L to L side, Close R next to L
- 5-6 Cross L over, Step R backward ¼ turn L
- 7-8 ½ turn left stepping L, ½ turn left stepping R backward (9 o'clock)

[9-16] □ Body Rolls Stepping Back x2, Coaster Step, Full Spiral Turn

- 1-2 Touch L backward doing a body roll from up (head), Step L down finishing body roll down (hips)
- 3-4 Touch R backward doing a body roll from up (head), Step R down finishing body roll down (hips)
- 5-6 Step L backward, Close R next to L
- 7-8 Step L forward, Full Spiral Turn

[17-24] □ Crossing Shuffle Making a ½ turn R, Double Hitch x2, ½ turn L Hitch R, Down

- 1&2 Cross R over, Step L to left side, Cross R over (making a ½ turn L to face 6 o'clock)
- 3&4 Hitch L up, side slightly up, touch
- 5&6 Hitch L up, side slightly up, down
- 7-8 ½ turn left Hitching R up down

[25-32] □ Behind, ¼ turn R, Step , ½ Pivot turn R, Dorothy Steps x2, Out

- 1-2 Step L behind R, ¼ turn R stepping R forward
- 3-4 Step L forward, ½ pivot R stepping R forward
- 5&6 Step L forward slightly diagonal left, Lock R behind, Step L to L Side
- &7&8 Step R forward slightly diagonal right, Lock L behind, Step R out to R side, Step L out to L side.

Restart on wall 3 facing 9 o'clock, the original 9 o'clock wall now becomes your new home wall.

[33-40] □ Pop Knees, ¼ turn R twist, Heels down, Pop Knees, ½ turn L, Heels down, Kick, ¼ turn R Monterey

- 1&2 Pop knees lifting heels up, Twist them ¼ turn R, Heels down (turn head to the R).
- 3&4 Pop knees lifting heels up, Twist them ½ turn L, Heels down weight on R (6 o'clock)
- 5-6 Kick L, Step L down
- 7-8 Touch R to R side, ¼ turn R Closing R next to L

[41-48] □ ¼ turn L Monterey Hook L, Step L, Lock R, Full turn, Sweeps x2, Step, Hitch

- 1-2 Touch L to L side, ¼ turn L Hooking L over R
- &3-4 Step L forward, Lock R behind, full turn (6 o'clock)
- 5-6 Sweep R from back to front stepping L forward, Sweep L from Back to front stepping R forward
- 7-8 Step L forward, Hitch R knee up

Enjoy! □

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