

# Traidora AB

Count: 64

Wall: 4

Level: Phrased Intermediate

Choreographer: Ernie Yin (INA) - July 2016

Music: Traidora (feat. Marc Anthony) - Gente de Zona



Intro : 32 Counts - Sequence : A, Tag1, B,B,B, A, Tag2, B,B,B, A(16)

## Part A: 32 counts

### A1: WALK – FORWARD SHUFFLE – ½ R PIVOT- STEP FORWARD – FULL TURN LEFT

- 1 2 Walk Forward In Rf –Lf
- 3 & 4 Forward Shuffle Rf-Lf-Rf
- 5 & 6 Step Lf Forward – Turn ½ Right Step On Rf – Step Lf Forward
- 7 & 8 Turn ½ Left Step Rf Back – Turn ½ Left Step Lf Forward – Step Rf Forward ( 06.00 )

### A2: FORWARD & BACK MAMBO – SIDE MAMBO

- 1 & 2 Step Lf Forward – Recover On Rf – Step Lf Back
- 3 & 4 Step Rf Back – Recover On Lf – Step Rf Forward
- 5 & 6 Step Lf To Side – Recover On Rf – Step Lf Beside Rf
- 7 & 8 Step Rf To Side – Recover On Lf – Step Rf Beside Lf ( 06.00 )

### A3: BOTAFOGO L & R – TURN ¼ LEFT – COASTER STEP

- 1 a 2 Step Lf Cross Over Rf – Ball Rf To Side – Step Lf In Place
- 3 a 4 Step Rf Cross Over Lf – Ball Lf To Side – Step Rf In Place
- 5 & 6 Step Lf Cross Over Rf – Turn ¼ Left Step Rf Back – Step Lf Back
- 7 & 8 Step Rf Back – Step Lf Beside Rf – Step Rf Forward ( 09.00 )

### A4: BOTAFOGO L & R – TURN ¼ LEFT – COASTER STEP

- 1 a 2 Step Lf Cross Over Rf – Ball Rf To Side – Step Lf In Place
- 3 a 4 Step Rf Cross Over Lf – Ball Lf To Side – Step Rf In Place
- 5 & 6 Step Lf Cross Over Rf – Turn ¼ Left Step Rf Back – Step Lf Back
- 7 & 8 Step Rf Back – Step Lf Beside Rf – Step Rf Forward ( 12.00 )

## Part B: 32 counts

### B1: CROSS & SIDE ROCK – BOTAFOGO 2X

- 1 & Step Rf Cross Over Lf – Recover On Lf
- 2 & Step Rf To Side – Recover On Lf
- 3 a 4 Step Rf Cross Over Lf – Ball Lf To Side – Step Rf In Place
- 5 & Step Lf Cross Over Rf – Recover On Rf
- 6 & Step Lf To Side – Recover On Rf
- 7 a 8 Step Lf Cross Over Rf – Ball Rf To Side – Step Lf In Place ( 12.00 )

### B2: ½ SAMBA DIAMOND – SYNCOPATED CROSSES

- 1 a Step Rf Cross Over Lf – Step Lf To Side
- 2 a Turn 1/8 Right Step Rf Back – Hitch Lf ( 01.30 )
- 3 a 4 Step Lf Back – Turn 1/8 Right Step Rf To Side – Turn 1/8 Right Step Rf Forward ( 04.30 )
- 5 & Turn 1/8 Right Step Rf Cross Over Lf – Step Lf Slightly To Side
- 6 & Step Rf Cross Over Lf – Step Lf Slightly To Side
- 7 & 8 Step Rf Cross Over Lf – Step Lf Slightly To Side= Step Rf Cross Over Lf

### B3: SIDE ROCK & FORWARD 2X – MAMBO HITCH – COASTER STEP

- 1 a 2 Step Lf To Side – Recover On Rf – Step Lf Forward
- 3 a 4 Step Rf To Side – Recover On Lf – Step Rf Forward
- 5 & Step Lf Forward – Recover On Rf –
- 6 & Step Lf Back - Hitch Rf

7 & 8 Step Rf Back – Step Lf Beside Rf – Step Rf Forward

**B4: BOTAFOGO 2X – ¼ TURN LEFT VOLTA**

1 a 2 Step Lf Cross Over Rf – Ball Rf To Side – Step Lf In Place  
3 a 4 Step Rf Cross Over Lf – Ball Lf To Side – Step Rf In Place  
5 & Step Lf Forward – Turn 1/8 Left Lock Rf Behind Lf  
6 & Turn 1/8 Step Lf Forward - Turn 1/8 Left Lock Rf Behind Lf  
7 & Turn 1/8 Step Lf Forward - Turn 1/8 Left Lock Rf Behind Lf  
8 Turn 1/8 Step Lf Forward

**Tag 1 :**

1 4 Step Lf Forward Raise Hands To Top From Side Of Body  
5 6 Bring Down Hands Till Shoulder High  
7 & 8 Roll Shoulders

**Tag 2 :**

1 2 Step Lf Forward Raise Hands Till Shoulders High  
3 & 4 Roll Shoulders

**Enjoy The Dance !!!!!**

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**Last Update – 25th April 2017**

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