

# The One

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Raw Beginner

**Choreographer:** Linda Pink (AUS) - June 2016

**Music:** Still the One - Orleans : (Album: Still the One - iTunes)



**No Tags / Restarts**  - Introduction: 32 counts - 3.53 min

**Split Floor for S.T. One (Still The One)**

## **STEP, LOCK, STEP, SCUFF, STEP, LOCK, STEP, TOUCH**

1,2 Step R Forward, Lock L Behind R,  
3,4 Step R Forward, Scuff L  
5,6 Step L Forward, Lock R Behind L,  
7,8 Step L Forward, Touch R next to L

## **BACK, TOUCH, BACK, TOUCH, BACK, TOUCH, BACK, TOUCH**

1,2 Step R Back at 45 deg Right, Touch L next to R  
3,4 Step L back at 45 deg Left, Touch R next to L  
5,6 Step R Back at 45 deg Right, Touch L next to R  
7,8 Step L back at 45 deg Left, Touch R next to L

## **VINE RIGHT & TOUCH, VINE LEFT ¼ TURN & SCUFF**

1,2 Step R to the side, Step L behind R,  
3,4 Step R to the side, Touch L next to R  
5,6 Step L to the side, Step R behind L,  
7,8 Turn ¼ turn Left step L Forward , Scuff R Forward

## **HEEL STRUT, HEEL STRUT, "V" STEP**

1,2 Step R Heel Forward, Drop R toe to the Floor  
3,4 Step L Heel Forward, Drop L toe to the Floor  
5,6 Step R Forward at 45 deg Right, Step L Forward at 45 deg Left  
7,8 Step R back to the centre, Step L next to R

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