

No Stoppin' Us

COPPER KNOB
BYEFOURTEETH

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Graham Mitchell (SCO) - April 2016

Music: Ain't No Stoppin' Us Now - McFadden & Whitehead : (Album: 80's Groove)



Alternative music : Baby likes to Rocket by The Tractors

Section 1: (1-8) RIGHT TOUCH, LEFT TOUCH, GRAPEVINE RIGHT TOUCH

- 1-2 Step Right to Right side, Touch Left beside Right
- 3-4 Step Left to Left side, Touch Right beside Left
- 5-6 Step Right to right side, Step Left behind Right
- 7-8 Step Right to right side, Touch Left beside Right

Section 2: (1-8) GRAPEVINE ¼ LEFT BRUSH, STEP BRUSH, STEP BRUSH

- 1-2 Step Left to Left side, Step Right behind Left
- 3-4 Step Left to left side making ¼ turn left, Brush right beside left
- 5-6 Step forward Right, Brush left beside Right
- 7-8 Step forward Left, Brush Right beside Left

Section 3: (1-8) RIGHT ROCKING CHAIR, SIDE TOGETHER SIDE TOUCH

- 1-2 Rock forward Right, Recover Left
- 3-4 Rock back Left, Recover Right
- 5-6 Step Right to right side, Step left beside Right
- 7-8 Step Right to right side, Touch Left beside Right

Section 4: (1-8) SIDE TOGETHER SIDE TOUCH, RIGHT ROCKING CHAIR

- 1-2 Step Left to left side, Step Right beside left
- 3-4 Step left to Left side, Touch Right beside Left
- 5-6 Rock forward Right, recover Left
- 7-8 Rock back Right, recover Left

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