

Must Be Love on the Brain

Count: 56

Wall: 2

Level: Phrased High Intermediate

Choreographer: Christa Thomas (USA) - March 2016

Music: Love on the Brain - Rihanna : (Clean Version)



Intro: 15 Counts - Sequence: **Intro, A, B, C, C, A, B, 16 counts of A, B, C, C, A

**Only at the beginning of the dance with the words "and you've got me like" begin with...

[INTRO] WALK, WALK, ROCK, RECOVER, BACK

&a&a L Step fwd (&), R step fwd (a), L rock fwd (8), R recover back (&), L step back (a)

A[1-8] ROCK BACK , ½ SPIN, ¼ SPIN, WEAVE, SWAY, SWAY, ¾ SPIN, RUN FWD

1,2,3 R Rock back while touching L fwd (1), spin ½ turn left on L while hitching R knee slightly (2), spin ¼ turn right on R while hitching L knee slightly (3) (9:00)

4&a L cross over R (4), R step side (&), L cross behind R (a)

5,6,7 R step to right side while swaying shoulders R, L rock to left side while swaying shoulders left, ¾ turn spin right on R (7) (6:00)

8&a Running fwd - step L fwd (8), step R fwd (&), step L fwd (a)

A[9-16] ROCK FWD, REC, RUN BACK, STEP BACK, ½ PIVOT, ½ STEP, WALK FWD, TWINKLES

1,2&a R rock fwd (1), L recover back (2), running back – R step back (&), L step back (a)

3,4 R step back (3), pivot ½ turn right on balls of feet taking weight on L (4) (12:00)

a5,6, Turn ½ turn right stepping R to L (a), L step fwd dragging R fwd (5), R step fwd dragging L fwd (6) (6:00)

7&a L cross over R (7), R step to right side (&), L step to left side (a)

8&a R cross over L (8), L step to left side (&), R step to right side (a)

A[17-24] STEP, HITCH, SAILOR ¼ TURN, STEP, PIVOT ½, FULL SPIN, BODY ROLL, COASTER, SWEEP, STEP, FLICK, STEP

1a2&a L step fwd (1), R hitch into R corner still facing 6:00 (a), R step back (2), L step fwd ¼ turn left (&) R step fwd (a) (3:00)

3,4 L step fwd (3), pivot ½ turn right taking weight on R (4) (9:00)

a5,6 Keeping weight on R- spin full turn left (a), L rock fwd beginning body roll pushing chest fwd (5), R recover finishing body roll (6) (9:00)

&a7, L step back (&), R step to L (a) L step fwd while sweeping R fwd (7)

8&a R step fwd (8), L flick back (&), L step down to R (a)

A[25-32] SWEEP, WEAVE, KICK, SAILOR CROSS, ROCK, TURN ¼, L FWD BASIC ½ TURN, R BACK BASIC ½ TURN

1,2&a R step to right side while sweeping L fwd (1), L cross over R (2), R step to right side (&), L cross behind R (a)

3,4&a R kick to R corner (3), R cross behind L (4), L step to left side (&), R cross over L (a) (9:00)

5,6 L rock to left side (5), R recover ¼ turn right fwd (6) (12:00)

7&a L step fwd (7), turning ½ turn left step back on R (&), L step in place (a) (6:00)

8&a R step back (8), turning ½ turn left step fwd on L (&), R step in place (a) (12:00)

SECTION B – 16 Counts

B[1-8] SWAYS, JAZZ ½ TURN, SWAYS, JAZZ ½ TURN

1,2,3 L step to left side swaying shoulders left and hitching R knee slightly (1), R rock step side and sway shoulders right (2), L recover side and sway shoulders left while sweeping R fwd (3) For styling gracefully sway arms with shoulders

4&a R cross over L (4), L step back ¼ turn right (&), R step fwd ¼ turn right (a) (6:00)

- 5,6,7 L step to left side swaying shoulders left and hitching R knee slightly (5), R rock step side and sway shoulders right (6), L recover side and sway shoulders left while sweeping R fwd (7)
For styling gracefully sway arms with shoulders
- 8&a R cross over L (8), L step back ¼ turn right (&), R step fwd ¼ turn right (a) (12:00)

B [9-16] STEP AND SWEEP, R TWINKLE, STEP AND SWEEP, R TWINKLE, L TWINKLE, R TWINKLE, L FWD BASIC, R ½ TURN BASIC

- 1,2&a L step fwd while sweeping R fwd (1), R cross over L (2), L step to L side (&), R step to R side
- 3,4&a L step fwd while sweeping R fwd (1), R cross over L (2), L step to L side (&), R step to R side
- 5&a L cross over R (7), R step to right side (&), L step to left side (a)
- 6&a R cross over L (8), L step to left side (&), R step to right side (a)
- 7&a L step fwd (7), R step together with L (&), L step in place (a)
- 8&a R step back (8), L step back ¼ turn right (&), R step fwd ¼ turn right (a) (6:00)

SECTION C – 8 Counts

[1-8] RUN FWD, POINT, RUN FWD, POINT, L TWINKLE, R TWINKLE, L BASIC FWD, R ½ TURN BASIC

- 1&a2 (Running fwd) L step fwd (1), R step fwd (&), L step fwd (a), R point to right side (2)
- 3&a4 (Running fwd) R step fwd (3), L step fwd (&), R step fwd (a), L point to left side (4)
- 5&a L cross over R (7), R step to right side (&), L step to left side (a)
- 6&a R cross over L (8), L step to left side (&), R step to right side (a)
- 7&a L step fwd (7), R step together with L (&), L step in place (a)
- 8&a R step back ¼ turn right (8), L step fwd ¼ turn right (&), R step in place (a) (12:00)

****Note**** After completing section C for the second time you will be facing the 6:00 wall.

****When transitioning from sections B or C to section A weight will already be on R just lean back on R and point L fwd for count 1**

Ending – Hold ending position and touch hands to head and out with the word “brain”.

Enjoy!

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