

# Disturbia

**COPPER** **NOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Improver

Choreographer: Lam Lam (HK) - March 2016

Music: Nightcore - Disturbia



Alt. music: Disturbia by Rihanna (3:54mins)

Intro: 32 count

**(1 –8)Walk Fwd RLR Kick, Walk Back LRL & Touch**

1234 Walk Fwd on R L R & Kick  
5678 Walk Back on L R L & Toe Touch Back 12:00

**(9 –16)Full Turn R, Coaster Step, Walk Fwd L R L, drag & touch**

1 2 1/2R Step on R (1), 1/2R Step L back (2)  
3&4 Step back on R(3), Step together on L(&), Step R fwd(4)  
5 6 Walk fwd on L R (5,6)  
7 8 Step L fwd(7), Drag R towards L & Touch (8) 12:00

**(17 –24) Cross, Side, Sailor Heel & Cross 1/4L, 1/4L into Side Shuffle**

1 2 Cross R over L(1), Step L to side(2)  
3&4 Cross R behind L(3), Step L next to R(&), Dig R Heel diagonal right  
&5 6 Step R beside L(&), Cross L over R(5), 1/4L Step back on R(6)  
7&8 1/4L Step L to side(7), Step together on R (&), Step L to side(8)6:00

**(25 –32)Jazz Box 1/4 Turn R, Rocking Chair on R**

1234 Cross R over L(1), 1/4R Step L back(2), Step R to side(3), Step L fwd(4)  
5678 Rock fwd on R(5), Recover on L(6), Rock back on R(7), Recover on L(8)9:00

Tag : 32 counts tag to be added after Wall 4 & 8, both facing 12:00

**(1 –8) Figure 8**

123 Step R to side(1), Cross L behind R(2), 1/4R Step R fwd(3),  
45 Step L fwd (4), Pivot 1/2R(5),  
678 1/4R Step L to side(6), Cross R behind L(7), 1/4L Step L fwd(8)

**(9-16) Rocking Chair on R, Pivot 1/2L, Paddle 1/4L**

1234 Rock fwd on R(1), Recover on L(2), Rock back on R(3), recover fwd onL(4)  
5678 Step R fwd(5), pivot 1/2L(6), Step R fwd(7), pivot 1/4L(8)

**(17-24) Cross, Side, Sailor Step, Cross 1/4L, Back Lock Step**

12 Cross R over L(1), Step L to side(2)  
3&4 Cross R behind L(3), Step L to side (&), Step R to side(4)  
56 Cross L over R(5), 1/4L Step R back(6)  
7&8 Step L back(7), Cross lock R over L(&), Step L back(8)

**(25-32) Back Rock, Shuffle Fwd R, Walk LRL 3/4 Turn L & touch**

12 Rock back on R(1), Recover weight fwd on L(2)  
3&4 Step R fwd(3), Step L beside R(&), Step R Fwd(4)  
5678 Walk LRL 3/4 Turn Left (5,6,7), Touch R beside L(8)

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