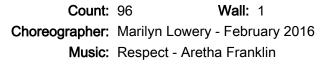
# Respect

Level: Phrased Improver



## Sequence of Dance: AA AB AC A Ending

INTRODUCTION (16 ct.)(Start Dance on Lyrics)

## PART A: (40 ct.) Main Melody, Music & Lyrics

### A1: (1-8) 2 BASICS RIGHT AND LEFT

- 1,2,3,4 Step R to R side, step L together, Step R to R side, touch L beside R
- 5,6,7,8 Step L to L side, step R together, Step L to L side, touch R beside L

## A2: ( 9-16) Repeat: 2 BASICS RIGHT AND LEFT

- 1,2,3,4 Step R to R side, step L together, Step Right to R side, touch L beside R
- 5,6,7,8 Step L to L side, step R together, Step L to L side, touch R beside L

## A3: (17-24) 4 STEP TOUCHES ¼ TURN LEFT ON EACH (TO END FACING FRONT)

- 1,2,3,4 <sup>1</sup>/<sub>4</sub> turn L stepping with R, touch L next to R; <sup>1</sup>/<sub>4</sub> turn L stepping with L, touch R next to L
- 5,6,7,8 1/4 turn L stepping with R, touch L next to R; 1/4 turn L stepping with L, touch R next to L

## A4: (25-32) 4 STEP TOUCHES, IN PLACE (FEET REMAIN SHOULDER WIDTH APART)

- 1,2,3,4 Step R on R side, touch L on L side; Step L on L side, touch R on R side
- 5,6,7,8 Step R on R side, touch L on L side; Step L on L side, touch R on R side

## (Weight and Hips shift from side to side with each Step and Touch)

A5: (33-40) ROCK RECOVER FORWARD AND BACK, SHUFFLE IN PLACE, (DO TWICE)

- 1,2,3,4 (Angle R side of body to front), Rock R fwd, recover back on L; Shuffle in place R,L,R
- 5,6,7,8 (Angle L side of body to front), Rock L fwd, recover back on R; Shuffle in place L,R,L

## PART B: (32 ct.) Music, No Lyrics

# B 1: (1-8) 4 DIAGONAL STEP AND SLIDES / TEMPTATION WALKS FORWARD

1,2,3,4Step R diagonally fwd to R, slide L beside R; Step L diagonally fwd to L, slide R beside L5,6,7,8Step R diagonally fwd to R, slide L beside R; Step L diagonally fwd to L, side R beside L

# (Temptation Walks: Step on ball of foot to lift feet up and down, on each 'Slide').

# B2: (9-16)□VINE TO THE RIGHT, TURN ½ TO RIGHT WITH A HITCH, VINE TO THE LEFT

- 1,2,3,4 Step R to R side, cross L behind R, step R to R side, turn ½ to R lifting L foot (hitch)
- 5,6,7,8 Step L to L side, cross R behind L, Step L to L side, touch R next to L

# B3: (17-24) TEPEAT 4 STEP AND SLIDES FORWARD/ TEMPTATION WALKS

- 1,2,3,4 Step R diagonally fwd to R, slide L beside R; Step L diagonally fwd to L, slide R beside L
- 5,6,7,8 Step R diagonally fwd to R, slide L beside R; Step L diagonally fwd to L, slide R beside L

# B4: (25-32)□REPEAT VINE TO RIGHT WITH ½ TURN TO RIGHT WITH A HITCH, VINE TO LEFT

- 1,2,3,4 Step R to R side, cross L behind R, step R to R side, turn ½ to R lifting L foot (hitch)
- 5,6,7,8 Step L to L side, cross R behind L, step L to L side, touch R next to L

# PART C: (16 ct.) R-E-S-P-E-C-T Spelled Out

# C1: (1-4)□STEP RIGHT AND LEFT FOOT SHOULDER WIDTH APART, ARMS AT SIDES PALMS DOWN

- &1 Step right to right, step left to left (Feet shoulder width apart)
- 2,3,4 Hold Pose with Arms at sides, palms open, facing down

# C2: (5-8)□4 HIP BUMPS TO RIGHT; SHAKE LEFT INDEX FINGER WITH EACH BUMP

(Start with L hand on L hip; R hand is closed in a fist with index finger pointed up





## On Each count move finger a few inches across body from L to R at level of chest)

1,2,3,4 Hip Bump R, Finger Shake (FS); Hip Bump R, FS; Hip Bump R, FS; Hip Bump R, FS

### C3: (9-12) TWO ½ PIVOTS TURNING LEFT

1,2,3,4 Step R Fwd, turn ½ to L, step wt to L. Step R Fwd, turn ½ to L, step weight to L

### 

1,2,3,4 Step R over L, step back on L, step R to R, step L next to R

#### ENDING: (8)ct. As Music Fades

### ROCK RECOVER FORWARD AND BACK, SHUFFLE IN PLACE (DO TWICE)

- 1,2,3,4 (Angle R side of body to front), Rock R Fwd, recover back on L; Shuffle in place R,L,R
- 5,6,7,8 (Angle L side of body to front), Rock L Fwd, recover back on R; Shuffle in place L,R,L□Pose with Hands on Hips

### DANCE WITH "ATTITUDE"!

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