

Alone

Count: 48

Wall: 1

Level: Phrased Intermediate

Choreographer: Lena PETIT (FR) - February 2016

Music: Alone - Selah Sue



Start after 16 counts

Tag after the 10th wall

ABB AABB AA*Tag*AAA

PART A - 32 counts

A[1-8] 1/8 tour step x2, step 1/2 turn touch, Step x2, step 1/2 turn touch

1, 2, 3,4 1/8 turn R step R forward, step L forward, step R, 1/2 turn L touch LF forward
5, 6, 7, 8 Step L forward, step R forward, step L, 1/2 turn R touch RF forward (ending weight on LF, 1h30)

A[9-16] Step, cross behind backwards sweep, cross behind, 1/8 turn side, cross, side, swivel heel toe

1,2 Step R forward (1h30), cross LF behind RF sweep RF front to back
3&4 Cross RF behind LF, 1/8 turn L step L to L side, cross RF over LF
5, 6, 7, 8 Step L to L side, swivel R heel, swivel R toe, swivel R heel (ending weight on LF 12h)

A[17-24] Wizard step x2, step 1/2 turn, full turn

1, 2& Step R diagonal R, cross LF behind RF, step R diagonal R (&)
3, 4& Step L diagonal L, cross RF behind LF, step L diagonal L (&) (ending weight on LF 12h)
5, 6 Step R forward, 1/2 turn L
7,8 1/2 turn L step R backwards, 1/2 turn L step L forward (ending weight on LF 6h)

A[25-32] 1/4 turn side, behind, side, step 1/4 tour touch, side, touch bump x2

1, 2&3, 4 1/4 turn L step R to R side, cross LF behind RF, step R to R side, step L forward, 1/4 turn R touch RF
5, 6, 7, 8 Step R to R side, touch LF diagonal bump L hip, step L to L side, touch RF diagonal bump R hip (ending weight on LF 12h)

PART B - 16 counts

B[1-8] paddle turn x2, sailor step, behind 1/4 turn step, triple step

1,2 1/4 turn L point RF to R side, 1/4 turn L point RF to R side
3&4 Cross RF behind LF, step L to L side, step R to R side
5,6 Cross LF behind RF, 1/4 turn R step R forward
7&8 Step L forward, step R next to LF, step L forward (ending weight on LF 9h)

B[9-16] Rock step, step 1/2 turn, 1/4 turn hitch, side, slide touch

1,2& Step R forward, recover, step R next to LF
3,4 Step R forward, 1/2 turn R step L forward
&5 Hitch 1/4 turn R, step L to L side
6,7,8 Drag RF toward LF during 2 counts, touch RF next to LF (ending weight on LF 6h)

TAG : After 10th wall, repeat the last 4 counts of the part A

Start again with your smile !

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