

Sugar

Count: 64

Wall: 4

Level: Intermediate - Non-Country

Choreographer: Helen Hiemäe (EST) - November 2015

Music: 'Sugar' by Robin Schulz



Intro: 64 count

(1-8) R shuffle, cross, side, back-touch 2x

- 1&2 step R right side, step L next to R, step R right side
- 3-4 step L across R, step R right side
- 5-6 step L back, touch R forward
- 7-8 step R back, touch L forward

(9-16) L touch side-cross-side, cross, step back with turn 1/4 to left, L side, R touch across, R step forward

- 1-2 touch L left side, touch L across R
- 3-4 touch L left side, step L across R
- 5-6 step R back with turning 1/4 to left, step L left side
- 7-8 touch R across L, step R forward

Restart on 3rd wall with step changing

- 7-8 touch R across L, kick R forward

(17-24) 1/2 turn left with prep, 1/2 turn left with shuffle, jazzbox

- 1-2 step L forward with body turn right (prep), turn 1/2 left stepping R back
- 3&4 turn 1/4 left stepping L left side, step R together, turn 1/4 left stepping L forward
- 5-6 step R across L, step L back
- 7-8 step R right side, touch L together

(25-32) Left side, touch, together, hitch, 1/2 turn right with hips bump

- 1-2 step L left side, touch R forward right diagonally (slightly sit on L and turn upper body right)
- 3-4 step R right side, step L together
- 5-6 hitch right knee, turn 1/4 right stepping R right side with hip bump
- 7-8 hip bump to left, turn 1/4 right stepping R forward

(33-40) L rock step, back-lock-back 2x, 1/4 turn left, hold

- 1-2 step L forward, recover on R
- 3&4 step L back, step R cross over L, step L back
- 5&6 step R back, step L cross over R, step R back
- 7-8 1/4 turn left stepping L left side, hold

(41-48) Ball step bump 2x, rock step, heel, together, cross

- &1-2 ball step R next to L, touch L left side (L hip up), bump hip to right side (weight go to left foot)
(it is better to do it than slightly going down on your knee)
- &3-4 ball step R next to L, touch L left side (L hip up), bump hip to right side (weight go to left foot)
(it is better to do it than slightly going down on your knee)

Easier way:

- &1-2 ball step R next to L, step L left side, pause
- &3-4 ball step R next to L, step L left side, pause
- 5-6 step R cross over L, recover on L
- 7&8 touch R heel right diagonal, step R next to L, step L across R

(49-56) 1/2 turn left, sweep with 1/8 turn right, toe-heel-toe-heel

- 1-2 1/4 turn left stepping R back, 1/4 turn left stepping L left side
- 3-4& step R across L, sweep L back to front, step L right diagonally forward (turn 1/8 to right: 7.30)

5&6& touch R toe behind L, step R behind L, touch L heel forward, step L forward
7&8 touch R toe behind L, step R behind L, touch L heel forward

(57-64) Rock forward, back-lock-back, rock back, kick ball change with 1/8 turn right

1-2 step L forward, recover on R
3&4 step L back, step R across L, step L back
5-6 step R back, recover on L
7&8 turn 1/8 right (9.00) with kick R forward, step R together, step L together

Start again!

NB! Restart on 3rd wall with step changing after count 14

7-8 touch R across L, kick R forward

Contact: helen.hiimae@gmail.com
