

# I Love This Life

**COPPER** KNOB  
BY STEPSHEETS

Count: 32

Wall: 4

Level: High Beginner

Choreographer: Laura Alberico (USA) - January 2016

Music: I Love This Life - LOCASH



Start after 16 counts

**Section 1: kick ball step, swivel left, center, triple back, rock back**

- 1&2 Kick right forward, step ball of right next to left, step left forward  
3 4 Swivel heels left, swivel heels back to center (weight on right)  
5&6 Step left back, step right next to left, step left back  
7 8 Rock right back, recover left

**Section 2: triple forward, step turn ¼ right, crossing triple, rock side, recover ¼ left**

- 1&2 Step right forward, step left next to right, step right forward  
3 4 Step left forward, turn ¼ right putting weight on right (3:00)  
5&6 Cross step left over right, step right side, cross step left over right  
7 8 Rock right side, recover ¼ turn left stepping left forward (12:00)

(Restarts 1 & 2)

**Section 3: turn ¼ left weaving right, chasse, rock back**

- 1-4 Turn ¼ left stepping right side, step left behind right, step right side, cross step left over right (9:00)  
5&6 Step right side, step left next to right, step right side  
7-8 Rock left behind right, recover right

**Section 4: weave left, monterey ½ turn left, touch right**

- 1-4 Step left side, step right behind left, step left side, step right over left  
5-8 Touch left side, turn ½ left stepping left next to right, touch right side, touch right next to left (3:00)

**Restarts:**

- 1---- Wall 4-- dance 16 counts and restart from beginning facing 9:00  
2---- Wall 8-- dance 16 counts and restart from beginning facing 6:00

**Tag: After Wall 9—(facing 9:00) 6 counts – kick ball step, swivel left, center, step back, touch then restart from beginning**

- 1&2 Kick right forward, step ball of right next to left, step left forward  
3 4 Swivel heels left, swivel heels back to center (weight on right)  
5 6 Step left back, touch right next to left

Contact: [alberico\\_laura@yahoo.com](mailto:alberico_laura@yahoo.com)