

# Man I Love This Life

**COPPER** **KNOB**  
BY STEPHEN

Count: 32

Wall: 4

Level: Improver

Choreographer: Tony Myers (UK) - January 2016

Music: I Love This Life - LOCASH



## #16 Count intro. Start on vocals

### Forward Right, Touch Left Behind: Sailor Step: Cross Rock, Recover: Triple 1 ¼ Right

- 1 2 Step forward on right (1) Touch left behind right (2)  
3&4 Step left behind right (3) Step right to side (&) Step left to side (4)  
5 6 Cross rock right over left (5) Recover weight onto left (6) # restart wall 10  
7&8 Turn ¼ right step forward on right (7) Turn ½ right step back on left (&) Turn ½ right step forward on right (8) (3:00)

### (E.O. ¼ Shuffle right stepping R.L.R)

### Point, Hitch: Mambo Turn: Side Rock, Recover: Cross Shuffle

- 1 2 Point left to left side (1) Hitch left knee slightly across right (2)  
3&4 Rock forward on left (3) Recover on right (&) Turn ½ left stepping forward on left (4) (9:00)  
5 6 Rock right to side (5) Recover weight onto left (6)  
7&8 Cross right over left (7) Step left to side (&) Cross right over left (8) # restarts walls 4 & 8  
Add:-

### (& Step slightly back on left)

### Turn, Cross Touch: Coaster Step: Rock, Recover: Shuffle Turn

- 1 2 Turn ¼ right stepping back on left (1) Touch right across left (2) (12:00)  
3&4 Step back on right (3) Step left with right (&) Step forward on right (4)  
5 6 Rock forward on left (5) Recover weight onto right (6)  
7&8 Turn ¼ left step forward on left (7) Step right next to left (&) Turn ¼ left step forward on left (8) (6:00)

### Pivot Turn: Behind, Side, Cross: Rock Back, Recover: Step, Turn, Step

- 1 2 Step forward on right (1) Pivot ¼ turn left (2) (3:00)  
3&4 Step right behind left (3) Step left to side (&) Cross right over left (4)  
5 6 Rock back on left (5) Recover weight onto right (6)  
7&8 Step forward on left (7) Pivot ½ turn right (&) Step forward on left (8) (9:00)

Restarts: after 16 counts on walls 4 & 8 (both facing front wall) Add an '&' count stepping slightly back on left, start from count 1

Restart: after 6 counts on wall 10 (facing left side wall)

Enjoy. [tonymyers@live.co.uk](mailto:tonymyers@live.co.uk)