

# Adventure of A Lifetime

**COPPER** **KNOB**  
BYEPOSTETS

**Count:** 32

**Wall:** 4

**Level:** Beginner - Non Country

**Choreographer:** Fabien REGOLI (FR) - January 2016

**Music:** Adventure of a Lifetime - Coldplay



## **SECTION 1 : Rock Step fwd right, Triple Step back, Rock Step back left, Triple Step fwd**

- 1-2 Step forward to rest , back support left
- 3 & 4 Shuffle back ( R/L/R)
- 5-6 bear left back , right back support
- 7 & 8 Shuffle forward (L/R/L )

## **SECTION 2 : Step fwd right, 1/4 Turn, Behind side cross, Rock side left, Behind side cross**

- 1-2 Step forward , 1/4 Tour left
- 3 & 4 Cross right last left , left uncross left, cross right over left
- 5-6 left left side to rest , recover right support
- 7 & 8 Cross left behind right, uncross right to the right, cross left over right

## **SECTION 3 : Walk fwd right/left, Triple Step fwd, Rock Step fwd, Triple Step back**

- 1-2 Walk Forward right / left
- 3 & 4 Shuffle forward ( R/L/R)
- 5-6 Step forward to rest , recover right support
- 7 & 8 Shuffle back ( L/R/L)

## **SECTION 4 : Walk back right / left, Coaster Step, Mambo side left cross, kick Ball change**

- 1-2 Walk back right / left
- 3 & 4 Step right back , left beside right, step in front
- 5 & 6 Left on the left side to rest , recover onto right , cross left over right
- 7 & 8 Kick forward right, recover Baule right , left take support

**KEEP SMILING AGAIN AND DANCE**

**THE WANTED COUNTRY DANCE**

**81 Bd Anatole of FORGE**

**Park the Margeray imm SEREN**

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