

Twisted

Count: 48

Wall: 4

Level: Intermediate

Choreographer: Amanda Bowler (USA) - December 2015

Music: Twisted - Carrie Underwood

or: Dust - Eli Young Band



Intro: Start on lyrics

S1: Rolling Grapevine R, Rolling Grapevine L

1-2-3-4 Step R to R side, L 1/2 turn, R 1/2 turn, Touch L next to R

5-6-7-8 Step L to L side, R 1/2 turn, L 1/2 turn, Touch R next to L

S2: Side steps R, Side steps L

1-2-3-4 Step R to R side, Slide L together, Step R to R side, Slide L together

5-6-7-8 Step L to L side, Slide R together, Step L to L side, Slide R together

S3: Shuffle R, 1/2 Turn, Shuffle L, 1/2 Turn

1&2 Shuffle forward stepping R-L-R

3-4 Step L forward pivoting 1/2 turn R

5&6 Shuffle forward stepping L-R-L

7-8 Step R forward pivoting 1/2 turn L

S4: Toe touch R, L, Double R, Toe touch L, R, Double L

1&2& Touch R toe to R side, Step R together, Touch L toe to L side, Step L together

3&4& Touch R toe to R side, Touch R together, Touch R toe R side, Step R together

5&6& Touch L toe to L side, Step L together, Touch R toe to R side, Step R together

7&8 Touch L toe to L side, Touch L together, Touch L toe L side

S5: Cross & Behind & Cross & Cross, Rock Step 1/4, Shuffle 1/2

1&2& Cross L over R, Step R to R side, Step L behind R, Step R to side

3&4 Cross L over R, Step small R step to side, Cross L over R

5-6 Rock R forward, Recovering on L pivoting 1/4 to R

7&8 Shuffle 1/2 turn to R stepping R-L-R

S6: Rock Step, Coaster Step, Walk 1-2-3-4

1-2 Rock L forward, Recovering on R

3&4 Step L next to R, Step R next to L, Step down forward with L

5-6-7-8 Walk forward 4 steps starting R-L-R-L

Dance goes counter-clockwise

Contact: andama07@yahoo.com