

Help Me Rhonda

COPPER **NOB**
BYEPOSTETS

Count: 32

Wall: 4

Level: Easy Beginner

Choreographer: Annette Lapp (DK) - January 2016

Music: Help Me, Rhonda - The Beach Boys : (Album: The Beach Boys Greatest Hits - iTunes)



Intro: 32 count

V – Step, Side, Touch, ¼ Turn, Touch

- 1 – 2 Step right diagonally forward, step left diagonally forward
- 3 – 4 Step right back to center, step left beside right
- 5 – 6 Step right to right side, touch left beside right
- 7 – 8 Turn ¼ left, touch right beside left

Step Forward, Touch x 2, Run Back Right, Left, Right, Left

- 1 – 2 Step forward right, touch left beside right
- 3 – 4 Step forward left, touch right beside left
- 5 – 6 Step back right, step back left
- 7 – 8 Step back right, step back left

Forward Together, Forward, Touch, ¼ Turn Left, Touch, Side, Touch,

- 1 – 2 Step forward right, step left beside right
- 3 – 4 Step forward right, touch left beside right
- 5 – 6 Turn ¼ left, stepping left to left side, touch right beside left
- 7 – 8 Step right to right side, touch left beside right

Vine Left, Touch, 1/4 Monterey Right

- 1 – 2 Step left to left side, step right behind left
- 3 – 4 Step left to left side, touch right beside left
- 5 – 6 Point right to right side, slide right beside left turning 1/4 turn right
- 7 – 8 Point left to left side, step left beside right.

Ending: Make the last Monterey without ¼ turn

Contact: annette.lapp@skolekom.dk
