Electro Cumbia

Count: 32 **Wall:** 2 **Level:** High Beginner - Cumbia style
Choreographer: Polly Hu (USA) & Jenny Tsai (USA) - December 2015
Music: Electro Cumbia (feat. Hamilton) - BIP

Count in: 32 counts from start of track

S1: Side press (with shoulder push) RL,R&R, reverse (LR,L&L)

1-2	Press R ball (and push shoulders) to right side, press L ball (and push shoulders) ☐to left side (12:00)
3	Press R ball (and push shoulders) to right side
&	Step L ball in place (shoulders back to neutral)
4	Press R ball (and push shoulders) to right side
5-8	Repeat 1-4 to the opposite side

S2: R Cumbia machete (R forward lunge, L recover, R toe tap side/back, R back), L cumbia machete

1-2	Lunge R forward with both knees bent and L heel up, recover weight L
3-4	Tap R toe to right side (or slightly back), step R further back

**** Optional arms for count 1-4 (good exercise to prevent wrist pain): bring your R arm down like you are cutting some crop with your R arm (1), extend your R arm out and upwards (2-3), push your R arm towards the back with palm facing back (4)**

5-8	Repeat 1-4 to the opposite side

S3: 2x(R rocking chair facing left corner), four L hops making just over 1/4 turn right

1&2&	Angle body to left diagonal (10:30) rock forward R, recover weight L, rock back R, recover weight L
3&4&	Repeat 1&2& (10:30)
5-8	Hop (keep your core muscles engaged) on L four times gradually making 3/8 turn right (3:00)

**** Optional arms for count 5-8: put your R hand above your head and your L hand in front of your belly like your are holding a big ball in front of you**

S4: L extended chasse with hips, L extended chasse making 3/4 turn left

&1	Step R next to L, step L to left side pushing hips to right side
&2&3&4	Repeat &1 three times
&5-&8	Repeat &1-&4 gradually making 3/4 turn left (6:00)

**** Optional arms for count 1-8: put your right hand on your right hip, left arm at your side with forearm out (elbow at 90°) and palm facing up**

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