Lose My Mind

Count: 32   **Wall:** 4   **Level:**

Choreographer: Laurie Schlekeway-Burkhardt (USA) - December 2015

Music: Lose My Mind - Brett Eldredge

A[1-8]: Heel kicks, Coaster step ¼ turn to the left, Heel kicks, Coaster step

1&2	Kick right heel diagonally to the right, lift right knee up, kick right foot
3&4	Coaster step making a ¼ turn to the left, step right foot slightly behind left, making ¼ turn to the left, step left slightly forward (&), step right foot forward
5&6	Kick left heel forward, life knee, kick heel
7&8	Step left foot slightly back, step right foot in place, step left foot forward

B[1-8]: Step right, Step left, Toe, Heel, Toes

1, 2	Step right foot out to the right, step left foot out to the left
3&4	Bring both toes in to the center, bring heels in to the center, bring toes in to center – weight should now be center
5-6	With weight on the left foot, touch right toe to center of left foot, swivel left toe to the right while touching the right heel to the center of the left foot
7&8	Do the same thing but this time on a faster count and you will add one more swivel so that your left toe lands at the center of your right foot

C[1-8]: Out & Cross, Out & Cross, Stomp, Stomp, Kick and Out

1&2	Step right foot out to right side, step down on left, cross right over left
3&4	Step left foot out to left side, step down on right, cross left over right
5-6	Stomp right foot in place two times while slapping right hip
7&8	Kick right foot forward, step down on right, kick left out to left side

D[1-8]: Kick & out; Tap forward, side; Coaster step making ¼ turn to left; Slide, knee pop

1&2	Kick left foot forward, step down on left, kick right foot out to right side
3-4	Tap right foot forward, Tap right foot out to right side
5&6	Step right behind left, making ¼ turn to left, step left slightly to left side, step right foot slightly forward
7-8	Take long step to the left with left foot, bring right foot in and pop right knee up – throw head back as well for styling

The dance will start over on the 2nd time through – after the first 20 counts (after the out & cross steps) start over

And again on the 4th time through – after the 1st 8 counts start over

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