

# Hou Sai Lei

Count: 192

Wall: 1

Level: Phrased Intermediate

Choreographer: Jennifer Jou (TW) - November 2015

Music: Hou Sai Lei by Chen Lei



**Intro: 8 counts - Sequence: A/B/C / A/B/C / TAG / C/A**

**Note: For a clearer picture of the hand movements, do watch our video in youtube**

**Part A: 64 counts**

**Sec A1: R CHASSE, L CHASSE, SIDE, TOUCH, 1/4 TURN FWD, SCUFF FWD**

1&2 R chasse on RLR

3&4 L chasse on LRL

5 6 7 8 Step RF to right side, touch LF beside RF, 1/4 turn left step LF fwd, scuff RF fwd

**Sec A2: R CHASSE, L CHASSE, SIDE, TOUCH, 1/4 TURN FWD, SCUFF**

**Repeat Sec 1**

**Sec A3: R CHASSE, L CHASSE, SIDE, TOUCH, 1/4 TURN FWD, SCUFF**

**Repeat Sec 1**

**Sec A4: R CHASSE, L CHASSE, SIDE, TOUCH, 1/4 TURN FWD, SCUFF**

**Repeat Sec 1**

**Sec A5: SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, R CHASSE**

1 2 3 4 Step RF to R side, hold, step LF together, hold (Shimmy)

5 6 7&8 Step RF to R side, step LF together, R chasse on RLR

**Sec A6: HIP BUMP, FULL TURN R**

1 2 3 4 Hip bump to R over 4 counts

5 6 7 8 Cross LF over RF, unwind full turn R (weight on RF)

**Sec A7: SIDE, HOLD, TOGETHER, HOLD, SIDE, TOGETHER, L CHASSE**

1 2 3 4 Step LF to L side, hold, step RF together, hold (Shimmy)

5 6 7&8 Step LF to L side, step RF together, L chasse on LRL

**Sec A8: HIP BUMP, FULL TURN L**

1 2 3 4 Hip bump to L over 4 counts

5 6 7 8 Cross RF over LF, unwind full turn L (weight on LF)

**Part B: 64 counts**

**Sec B1: KICK, STEP, KICK, STEP, R CHASSE, BEHINE, RECOVER**

1 2 3 4 Kick RF to L diag, step RF to R, kick LF to R diag, step LF to L

5&6 Step RF to R side, step LF together, step RF to R side

7&8 Rock LF behind RF, recover on RF

**Sec B2: KICK, STEP, KICK, STEP, L CHASSE, BEHINE, RECOVER**

**Mirror Sec 1**

**Sec B3: 1/4 TURN KICK, STEP, KICK, STEP, BACK, RECOVER, 1/2 TURN SHUFFLE BACK**

1 2 3 4 1/4 turn R kick RF fwd, step RF down, kick LF fwd, step LF down

5 6 Rock RF back, recover on LF

7&8 1/2 turn left step RF back, step LF over RF, step RF back

**Sec B4: KICK,STEP,KICK,STEP,BACK,RECOVER,1/4 TURN L CHASSE**

1 2 3 4 Kick LF fwd,step LF down,kick RF fwd,step RF down  
5 6 Rock LF back,recover on RF  
7&8 1/4 turn right step LF to L side,step RF together,step LF to L side 12:00

**Sec B5: FWD SHUFFLE,1/2 TURN BACK SHUFFLE,R MAMBO,L MAMBO**

1&2 Step RF fwd,step LF behind RF.step RF fwd  
3&4 1/2 turn right Step LF back,step RF over LF,step LF back  
5&6 Rock RF to right side,recover on LF,step RF next LF  
7&8 Rock LF to left side,recover on RF,step LF next RF

**Sec B6: ROLLING VINE R,SLIDE,CROSS,RECOVER,SIDE,CROSS,RECOVER,SIDE**

1 2 3 4 1/4 turn right step RF fwd,1/2 turn right step LF back,1/4 turn right step RF to Right side,slide LF toward RF  
5&6 Cross LF over RF,recover on RF,step LF to left side  
7&8 Cross RF over LF,recover on LF,step RF to right side

**Sec B7: ROLLING VINE L,SLIDE,CROSS,RECOVER,SIDE,CROSS,RECOVER,SIDE**

**Mirror Sec 6**

**Sec B8: FWD SHUFFLE,1/2 TURN BACK SHUFFLE,R MAMBO,L MAMBO**

**Repeat Sec 5**

**PART C : 64 counts**

**C[1-8] (RECOVER & SWAY) \* 8**

1 Recover on to RF swaying hips right  
**Optional arms : Raise both two arms horizontally with bending elbows and cross wrists in front of your chest.**  
2 Recover onto LF swaying hips left  
**Optional arms : Keep arms horizontally. Raise wrists vertically with two palms facing to each other.**  
3 Repeat count 1.  
4 Repeat count 2.  
5 Recover onto RF swaying hips right  
**Optional arms : Push right hand out forward with right palm vertically facing to the front while bend your left elbow with left palm facing to your left shoulder.**  
6 Recover onto LF swaying hips left  
**Optional arms : Push left hand out forward with left palm vertically facing to the front while bend your right elbow with right palm vertically facing to your right shoulder.**  
7 Repeat count 5.  
8 Repeat count 6.

**C[9-16] □ WAVE HANDS, TOUCH SHOULDERS, HANDS FORWARD,**

1-4 Turn your body to the left side with two palms flat and facing to each other. Wave two hands up and down like cutting carrots.  
5 Touch the middle fingers on your shoulders  
6 Push both two hands out forward.  
7 Rotate right palm clockwise while rotate left palm counterclockwise.  
8 Take your hands back in front of your chest.

**C[17-24] □ Repeat count 1-8**

**C[25-32] □ Repeat count 9-16**

**C[33-40] □ Repeat count 1-8**

**C[41-48] □ Repeat count 9-16**

**C[49-56] □ TOUCH SHOULDERS, BACK, CROSS OVER, HOLD, SIDE, SIDE, HOLD**

1-2 Touch the left shoulder with right hand.

3-4 Touch the right shoulder with left hand

&5-6 Step LF back, cross jump LF over RF, hold

**Optional arms : point your left index finger out forward while touch your right hand on your waist**

&7-8 Stomp LF to left side and RF to right side (shoulder apart), hold

**C[57-64] □ FULL TURN RIGHT (R-L-R-L), RAISE HANDS, SLAP HIPS**

1-4 Make a full turn right stepping forward with RF-LF-RF-LF

5-6 Raise left hand up, raise right hand up (like a V shape)

7-8 Slap left hip with left hand, slap right hip with right hand

**Have fun and enjoy !**

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