Long Days

**Count:** 32

#### Level: Beginner

Choreographer: Marita Torres (ES) - 2009

Music: Lucky Lips - Cliff Richard & The Shadows

## ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

- RF rock forward 1
- 2 recover to LF
- 3 RF rock back
- 4 recover to LF
- 5 RF rock right side
- 6 recover to LF
- 7 toe R forward
- 8 RF next to left (snaps)

# ROCK FORWARD, ROCK BACK, ROCK SIDE, TOE STRUT

- 1 LF rock forward
- 2 recover to RF
- 3 LF rock back
- 4 recover to RF
- 5 LF rock left side
- 6 recover to LF
- 7 toe L forward
- 8 LF next to right (snaps)

### KICK BALL CHANGE X 2, STEP ¼ LEFT TURN, SHUFFLE FORWARD

- RF kick forward 1
- & Step R beside left
- 2 LF in place
- 3 RF kick forward
- & Step R beside left
- 4 LF in place
- 5 RF forward
- 6 <sup>1</sup>⁄<sub>4</sub> turn left
- 7 RF forward
- & LF behind right
- 8 RF forward

### STEP FORWARD, TOUCH, STEP BACK TOUCH, OUT, OUT- IN, IN

- 1 LF forward
- 2 RF touch next to left
- 3 RF back
- 4 LF touch next to right
- & RF to right
- 5 LF to left
- 6 Hold
- & RF to center
- 7 LF to center
- 8 hold





Wall: 4

1RF to right2LF behind right3RF to right4LF scuff5LF to left6RF behind left7LF to left8LF scuff

Back to start