

# Lay It All On Me

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** John Huffman (USA) - November 2015

**Music:** Lay It All on Me (feat. Ed Sheeran) - Rudimental : (Album: We The Generation)



**Intro: Dance starts after 32 counts (approx. 16 secs in) Weight on L**

## **Weave, Diagonal Rocking Chair**

- 1-2            1) Step R to side 2) Step L behind R
- 3-4            3) Step R to side 4) Step L across R
- 5-6            5) Rock R to R diagonal 6) Recover to L
- 7-8            7) Rock R diagonally back 8) Recover to L (12:00)

## **Siderock, Recover, Cross, Hold, Side, Behind, 1/4, Hold**

- 1-2            1) Rock R to side 2) Recover to L
- 3-4            3) Step R across L 4) Hold
- 5-6            5) Step L to side 6) Step R behind L
- 7-8            7) Turn 1/4 L step L fwd 8) Hold (9:00)

## **Rock, Recover, Back, Hold, Back x 3, Hold**

- 1-2            1) Rock R fwd 2) Recover to L
- 3-4            3) Step R back 4) Hold
- 5-6            5) Step L back 6) Step R back
- 7-8            7) Step L back 8) Hold (9:00)

## **Coaster Step, Hold, Rock, Recover, Side, Touch**

- 1-2            1) Step R back 2) Step L to R
- 3-4            3) Step R fwd 4) Hold
- 5-6            5) Rock L fwd 6) Recover to R
- 7-8            7) Step L to side 8) Touch R to L (9:00)

**Repeat, Have Fun**

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