

# Weigh, Hey And Up She Rises

**COPPER** **KNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Maryloo (FR) - October 2015

**Music:** Weigh, Hey and Up She Rises - The Irish Rovers



**Intro : 24 counts ( 12 seconds)**

## **BRUSH, CROSS BRUSH, BRUSH, HITCH, TOGETHER (2X)**

- 1-2 Brush R forward, brush R across L,  
3&4 Brush R forward, Hitch R Knee, R next to L.  
5-6 Brush L forward, brush L across R,  
7&8 Brush L forward, Hitch L Knee, step L next to R.  
Option : You can make a « hop » at the same time you make a « hitch » !

## **BRUSH, CROSS BRUSH, BRUSH, HITCH, TOGETHER, FULL TURNING VOLTA STEP L.**

- 1-2 Brush R forward, brush R across L,  
3&4 Brush R forward, Hitch R Knee, step R next to L.  
5& Make ¼ turn L and step L forward, lock R behind L.  
6& Make ¼ turn L and step L forward, lock R behind L  
7& Make ¼ turn L and step L forward, lock R behind L  
8 Make ¼ turn to L and step L. forward (12.00)

## **CROSS ROCK, SIDE SHUFFLE TO R., CROSS ROCK, SIDE SHUFFLE ¼ TURN L.**

- 1-2 Cross R over L, recover on L  
3&4 Step R to right, step L next to R., step R to right  
5-6 Cross PG over PD, recover on R.  
7&8 Step L to left, step R next to L., make ¼ turn to L and step L forward (9.00)

## **PIVOT ½ TURN L., SHUFFLE FORWARD, FULL TURN TO RIGHT, STOMP L, STOMP-UP R.**

- 1-2 Step R forward, pivot ½ turn to L ( weight on L)  
3&4 Step R forward, step L next to R, step R forward  
5-6 Make ½ turn to R and step L behind, make ½ turn to R and step R forward  
7-8 Stomp L in place, stomp -up R in place (3.00)

**Easy Option : 5-6 : Step L forward, step R forward**

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