

# First Move

**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Michelle Risley (UK) - October 2015

**Music:** I Don't Believe - Rox



**Notes: Restart Wall 5 (Front Wall), Tag & Step Change Wall 7 (Back Wall)**

**[1-8] □ POINT, TOUCH, POINT, FLICK, VINE RIGHT**

- 1-2 Point right To Right Side, Touch Right Toe Forward
- 3-4 Point Right to Right Side, Flick Right Foot up Behind left
- 5-6 Step Right to Right Side, Left Behind Right
- 7-8 Step Right to Right Side, Touch Left next to Right

**[9-16] □ STEP, TOUCH, BACK, KICK, COASTER, STEP**

- 1-2 Step forward on Left, touch Right behind left heel
- 3-4 Step Back on Right, Kick Left Forward
- 5-6 Step Back on Left, Right Together,
- 7-8 Step forward on Left, Step Right Next to left

**\*Wall 5, Facing Front wall, Replace count 16 with a Hold. Restart dance from count 1**

**[17-24] STEP, TWIST, STEP BACK, COASTER ¼ CROSS**

- 1-2 Step Forward on Left, Twist Both Heels to Left
- 3-4 Twist Both Heels to centre, Step Back Left
- 5-6 Step Back Right, Step Together Left
- 7-8 ¼ Turn Right, Crossing Right Over Left, HOLD

**[25-32] SIDE STEP, SAILOR STEP, SAILOR STEP, HITCH**

- 1 Step Left to Left Side whilst Lifting Right to Right Side,
- 2-4 (Sailor Step) Step Right Behind Left, Left to Side, Right to Side
- 5-7 Step Left behind Right, Step Right to Side, Step Left to Side,
- 8 Hitch Right Knee Across

**\*Wall 7, Facing Back Wall, Repeat counts 25-32,**

**\*\*Step Change - Replace count 32 (hitch) Step Right Next to Left and Repeat Count 25-32**

**You Will Finish Facing the Front Wall on Count 16...**

**Enjoy and Keep Smiling**