

Hula Hoop!

COPPER KNOB
BY STEPHEN

Count: 32

Wall: 4

Level: Easy Beginner

Choreographer: Emil Zetterström (SWE) - September 2015

Music: Hula Hoop - Omi



Intro: 32 counts * 1 Restart at 5th wall, 10th wall 4 counts Tag**

S1: 2x Side, Together, Side, Touch

1 - 2 - 3 - 4 Step RF to right, step LF next to RF, Step RF to right, touch Left toe next to RF
5 - 6 - 7 - 8 Step LF to left, step RF next to RF, step LF to left, touch Right toe next to LF

S2: 2x Diagonal, Together, Diagonal, Touch

1 - 2 - 3 - 4 Step RF right diagonal forward, step LF together, RF to right diagonal forward, touch LF next to RF
5 - 6 - 7 - 8 Step LF left diagonal forward, step RF together, LF to left diagonal forward, touch RF next to LF

***** Restart at 5th wall**

S3: 2x Back With A Heel, 2x Point Together

1 - 2 - 3 - 4 Step RF back, touch Left heel forward, step LF back, touch Right heel forward
5 - 6 - 7 - 8 Point Right toe to right, step RF next to LF, point Left toe to left, step LF next to RF

S4: Walk Circle A $\frac{3}{4}$ Turn

1 - 8 Walk a $\frac{3}{4}$ turn circle turning left with 8 steps starting with RF ending (3:00)

Tag: After finishing 10th wall it will be a 4 counts Tag

1 - 2 Hold 2 counts
3 - 4 freestyle if you want to or shake your hips or the hands above your head to the music

Start again!

And have fun dancing!

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