

Hula Hula Hoop

COPPER KNOB
STEPSHEETS

Count: 32

Wall: 4

Level: Easy Intermediate

Choreographer: Adrian Lefebour (AUS) & Jessica Lamb (AUS) - September 2015

Music: Hula Hoop - Omi



Notes: 32 count intro from the start of the song.

Starting Position: Right Toe pointed to R side ready to Turn

[1-8] Full Turn, Scuff, Step Across, Replace, Step, Touch

1,2,3 1/4 Turn R step R fwd, 1/2 Turn R step L back, 1/4 Turn R step R to R side (12.00)
4 Scuff L fwd/across R
5,6 Step L fwd/across R, Replace weight back on R
7,8 Step L to L side, Touch R toe next to L

[9-16] V Step (Using Hips) x2

1,2 Step R fwd push hips R (1.00), Step L to L side push hips L
3,4 Step R back push hips back (12.00), Step L next to R push hips L (weight on L)

Repeat for 5 - 8

[17-24] Step, Replace, Coaster Step, 1/2 Pivot Turn, Shuffle Fwd

1,2 Step R fwd, Replace weight back on L
3&4 Step R back, Step L next to R, Step R fwd
5,6 Step L fwd, 1/2 Pivot Turn R (weight on R) (6.00)
7&8 Shuffle fwd on L stepping L R L

[25-32] 1/4 Paddle Turns (Using Hips) x3, Step Across, Replace

1,2 Step R fwd, Push hips around to make 1/4 Paddle Turn L (weight on L) (3.00)
3,4 Step R fwd, Push hips around to make 1/4 Paddle Turn L (weight on L) (12.00)
5,6 Step R fwd, Push hips around to make 1/4 Paddle Turn L (weight on L) (9.00)
7,8 Step R fwd/across L, Replace weight back on L

START AGAIN

TAG 1 – End of Wall 4, you will be facing the 12.00 wall.

1,2 Step R to R side, Step L across R
3,4 Step R to R side, Step L behind R
5 1/4 Turn R step R fwd (3.00)
6,7,8 Step L fwd, 1/2 Pivot Turn R, 1/4 Turn R step L to L side (12.00)

1,2 Step R behind L, 1/4 Turn L step L fwd (9.00)
3,4 Step R fwd, 1/2 Pivot Turn L (weight on L) (3.00)
5,6 Step R fwd, 1/4 Pivot Turn L (12.00)
7,8 Step R fwd/across L, Replace weight back on L

TAG 2 – End of Wall 9, you will be facing the 9.00 wall.

1,2 1/4 Turn R step R fwd, Step L fwd (12.00)
3,4 Step R fwd/across L, Replace weight back on L

FINISH: Wall 11 – Dance to count 30, then Step R fwd, Push hips around to make 1/2 Paddle Turn L to finish at the front wall.

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