

Carousel (旋轉木馬) (zh)

COPPER KNOB
STEPPERS

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Wil Bos (NL) & Roy Verdonk (NL) - 2010年10月

Music: Carousel - Ilse DeLange : (CD: Next To Me)



前奏 : Intro: 16 Counts 16拍後起跳

- 第一段** **Step R, 1/8 Turn Left, Cross Behind, 1/4 Turn R, 1/4 Turn R, Cross Behind, 1/4 Turn L. Step Forward R, Pivot L.**
1/4右 後交叉, 1/4 1/4, 後交叉 1/4, 踏 轉
- 1-2 1/8 turn left step right to right diagonal, Cross left behind right (step towards 01:30) 左轉45度右足右斜角踏, 左足於右足後交叉踏(面向1:30)
- 3-4 1/4 turn right step right forward, 1/4 turn right step left to left side
右轉90度右足前踏, 右轉90度左足左踏
- 5-6 Cross right behind left, 1/4 turn left step left forward
右足於左足後交叉踏, 左轉90度左足前踏
- 7-8 Step right forward, 1/2 turn left (07:30)
右足前踏, 左轉180度(面向7:30)
- 第二段** **Step R, Hold, 1/2 Turn R. (x2), Left Toe Strut, Right Toe Strut.**
踏 候, 轉 轉, 趾 踵, 趾 踵
- 1-2 Step right forward, Hold 右足前踏, 候
- 3-4 1/2 turn right step back on left, 1/2 turn right step right forward
右轉180度左足後踏, 右轉180度右足前踏
- 5-6 Touch left toes forward, Drop left heel
左足趾前點, 左足踵踏
- 7-8 Touch right toes forward, Drop right heel
右足趾前點, 右足踵踏
- 第三段** **1/4 Turn R, Cross Behind, 1/4 Turn L, 1/4 Turn L, Cross Behind, 1/4 Turn R, Step Forward L, Pivot R.**
1/4 後交叉, 1/4 1/4, 後交叉 1/4, 踏 轉
- 1-2 1/4 turn right step left to left side, Cross right behind left
右轉90度左足左踏, 右足於左足後交叉踏
- 3-4 1/4 turn left step left forward, 1/4 turn left step right to right side
左轉90度左足前踏, 左轉90度右足右踏
- 5-6 Cross left behind right, 1/4 turn right step right forward
左足於右足後交叉踏, 右轉90度右足前踏
- 7-8 Step left forward, 1/2 turn right (01:30)
左足前踏, 右轉180度(面向1:30)
- 第四段** **Step L, Hold, 1/2 Turn Left (x2), Right Toe Strut, Left Toe Strut.**
踏 候, 轉 轉, 趾 踵, 趾 踵
- 1-2 Step left forward, Hold 左足前踏, 候
- 3-4 1/2 turn left step back on right, 1/2 turn left step left forward
左轉180度右足後踏, 左轉180度左足前踏
- 5-6 Touch right toes forward, Drop right heel
右足趾前點, 右足踵踏
- 7-8 Touch left toes forward, Drop left heel
左足趾前點, 左足踵踏

- 第五段 Step Forward R. Diagonal, Touch L, Step L, Touch R, Step back R. Diagonal, Touch L, Step L, Touch R.**
斜前踏 併點, 左踏 併點, 斜後踏 併點, 左踏 併點
- 1-2 Step right forward to right diagonal, Touch left next to right & Clap
 右足右斜角前踏, 左足併點(拍手)
- 3-4 Step left to left side, Touch right next to left & Clap (12:00)
 左足左踏, 右足併點(拍手)(面向12點鐘)
- 5-6 Step right back to right diagonal., Touch left next to right & Clap
 右足右斜角後踏, 左足併點(拍手)
- 7-8 Step left to left side, Touch right next to left & Clap
 左足左踏, 右足併點(拍手)

***** RESTART: Wall 3, restart the dance after count 40.**
 第三面牆跳至此, 從頭起跳

- 第六段 Step R, Cross L. Behind, ¼ Turn Right, Step Forward, Pivot R, ¼ Turn Right, Cross R. Behind, ¼ Turn L.**
右 交叉, 1/4 踏, 轉 1/4, 後 1/4
- 1-2 Step right to right side, Cross left behind right
 右足右踏, 左足於右足後交叉踏
- 3-4 ¼ Turn right step right forward, Step left forward
 右轉90度右足前踏, 左足前踏
- 5-6 ½ turn right, ¼ turn right step left to left side
 右轉180度, 右轉90度左足左踏
- 7-8 Cross right behind left, ¼ turn left step left forward (09:00)
 右足於左足後交叉踏, 左轉90度左足前踏(面向9點鐘)

- 第七段 Right Toe Strut, Rock, Recover, Step L. Back, ¼ Turn Right, Cross, Hold**
趾 踵, 下沉 回復, 後 1/4, 交叉 候
- 1-2 Touch right toes forward, Drop right heel
 右足趾前點, 右足踵踏
- 3-4 Rock left forward, Recover
 左足前下沉, 右足回復
- 5-6 Step back on left, ¼ right step right to right side (12:00)
 左足後踏, 右轉90度右足右踏
- 7-8 Cross left over right, Hold 左足於右足前交叉踏, 候

- 第八段 Side Rock, Recover, Cross, Hold, ¼ Turn right (x2), Step Forward, Hold**
右下沉 回復, 交叉 候, 1/4 1/4, 踏 候
- 1-2 Rock right to right side, Recover 右足右下沉, 左足回復
- 3-4 Cross right over left, Hold 右足於左足前交叉踏, 候
- 5-6 ¼ turn right step back on left, ¼ turn right step right to right side (06:00) 右轉90度左足後踏, 右轉90度右足右踏(面向6點鐘)
- 7-8 Step left forward, Hold 左足前踏, 候
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