

# One Way Or Another

**COPPER KNOB**  
BY STEPHEN

**Count:** 32

**Wall:** 2

**Level:** Beginner Cha Cha

**Choreographer:** Adrian Helliker (FR) - July 2015

**Music:** One Way or Another - Dave Sheriff : (Album: Undecided)



**Intro: 32 counts**

**[1-8] STEP SIDE R, TOGETHER, SHUFFLE SIDE R, CROSS ROCK, SHUFFLE L WITH ¼ TURN**

- 1-2 Step right to right side, step left beside right
- 3&4 Step right to right side, close left beside right, step right to right side
- 5-6 Cross rock left over right, recover on right
- 7&8 Step left to left side turning ¼ left, step right beside left, step forward left

**[9-16] RIGHT FORWARD ROCK & RECOVER, CHA CHA RIGHT IN PLACE, LEFT BACK ROCK & RECOVER LEFT CHA CHA IN PLACE**

- 1-2 Rock right forward, recover onto left
- 3&4 Cha cha in place stepping (Right-Left-Right)
- 5-6 Rock back on left, recover onto right
- 7&8 Cha cha in place stepping (Left-Right-Left)

**[17-24] SIDE, BEHIND, ¼ TURN RIGHT, SHUFFLE, ½ TURN RIGHT, SHUFFLE**

- 1-2 Step right to right side, left behind right
- 3&4 Step right to right with ¼ turn to right, left lock behind right, right forward
- 5-6 Step left forward making ½ turn right on right foot
- 7&8 Left foot forward, lock right behind left, left forward taking weight on left

**[25-32] SHUFFLE FORWARD RIGHT, ROCK & RECOVER, SHUFFLE LEFT BACK, ROCK & RECOVER**

- 1&2 Step Right forward, Left beside Right, Step Right forward
  - 3-4 Rock left forward, Recover on right
  - 5&6 Step Left back, Right beside Left, Step Left back
  - 7-8 Rock Right back, Recover on Left
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