

Memphis Steppin'

Count: 48

Wall: 4

Level: Beginner / Novice - Country 2S

Choreographer: Shirley De Jong (SA) - July 2015

Music: I'm Left, You're Right, She's Gone - Elvis Presley



Start after 16 counts

Alternative Tracks

'Hallelujah In My Heart 'By Carlene Carter

'Baton Rouge ' By Lee Roy Parnell

'Ribbon Of Highway' By Scooter Lee

S1: SIDE, HOLD, TOGETHER, HOLD, SIDE, CLOSE, SIDE, HOLD

1-4 Right step side right, hold, left step next to right, hold

5-8 Right small step right, left step next to right, right small step right, hold

S2: SIDE, HOLD, TOGETHER, HOLD, SIDE, CLOSE, SIDE, HOLD

1-4 Left step side left, hold, right step next to left, hold

5-8 Left small step left, right step next to left, left small step left, hold

S3: STEP, HOLD, STEP, HOLD, STEP IN PLACE X 3, HOLD

1-4 Step right forward, hold, step left forward, hold

5-8 Step right together, step left together, step right together, hold

S4: (STEP BACK, HOLD) X 2, COASTER STEP, HOLD

1-4 Step back left hold, step right back, hold

5-8 Step left back, step right together, step left forward, hold

S5: CROSS ROCK REC, SHUFFLE ¼ TURN RIGHT

1-4 Cross right over left, hold, recover on to left, hold

5-8 Shuffle ¼ right, stepping right, left, right, hold (3 o'clock)

S6: HEEL TAP, STEP, HEEL TAP, STEP, HEEL TAP, STEP, TOUCH

1-4 Left heel tap forward, step left next to right, right heel tap forward, step right next to left

5-8 Left heel tap forward, step left to right, touch right toe to left, hold

REPEAT

Add some shoulder Shimmies counts 1- 4 in Sec 1 & 2

This dance was inspired by 'Ribbon Of Highway' My beginners struggled with some sections in that dance so I thought I would try this little class dance with them to introduce 2 step.

A great Country / Rockabilly track from a young Elvis

Thank you Mick Bennett BWDA for your proof reading

Contact: shirleydj@telkomsa.net

Last Update – 7th Aug 2015