

Is Baby's Radio On (點撥傳情) (zh)

COPPER KNOB
BY STEPHEN METZ

Count: 32

Wall: 4

Level: Improver

Choreographer: GYTAL (USA) - 2010年07月

Music: Turn On The Radio - Reba McIntyre



前奏：16 Count intro 16拍起跳

第一段 R Lindy, L Toe Heel, R Toe Heel

玲蒂步(右追步, 後下沉 回復), 趾踵, 交叉趾踵

- 1&2 R Triple (R,L,R) to R side 右追步-右, 左, 右
3-4 Rock L back, recover R 左足後下沉, 右足回復
5-6 Step L toe to L, drop heel 左足趾左點, 左足踵踏
7-8 Cross R toe over L, drop R Heel 右足趾於左足前交叉點, 右足踵踏

第二段 Sway 1/4 Turn To R (With Attitude), L. Coaster, R. Triple Forward 擺臀右轉1/4, 海岸步, 前交換

- 9-10 pushing with L turn 1/8 to R, swaying hips to R, (weight on R)
右轉45度左推踏, 右擺臀(重心在右足)
11-12 pushing with L turn 1/8 to R, swaying hips to R, (weight on R)
右轉45度左推踏, 右擺臀(重心在右足)
13&14 Step Back on L, Back on R, Forwrd on L 左足後踏, 右足後踏, 左足前踏
15&16 R tripl(R-L-R) forward 前交換-右, 左, 右

第三段 Out Out In Touch, Monterrey 大大小併點, 蒙特瑞轉

- 17-18 Step L to L, Step R to R 左足左踏, 右足右踏
19-20 Step L into center, Touch R to L instep 左足回踏, 右足併點
21-24 Touch R to R, pivot 1/2 to R, step on R, Touch L to L, step on L 右足右點, 右軸轉180度右足踏, 左足左點, 左足踏

第四段 Step R Forward Shimmy, Step L Back Shimmy, 1/2 Paddle Turn To L 右前踏抖肩, 左後抖肩, 兩次1/4划槳步

- 25-26 Step R forward, shake shoulders (& hips)
右足前踏, 搖擺肩膀及臀部
27-28 Rock back on L shake shoulders (& hips)
左足後下沉, 搖擺肩膀及臀部
29-32 weight on L, push w R turning 1/4 to L 2X
重心在左足, 右足推踏左轉90度兩次