

# Runaway Heart

**COPPER** KNOB  
STEPSHEETS

**Count:** 32

**Wall:** 4

**Level:** Beginner

**Choreographer:** Sandy Kerrigan (AUS) - July 2015

**Music:** Runaway - Del Shannon

or: Runaway - The Traveling Wilburys

or: Runaway - Gary Allan



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**Dance info:** Wt on L-BPM [145]-Version 1:00

**Diagonal Fwd Lock, Hold, Turning Lock Step, Hold 9:00**

1 2 3 4 Step R Fwd to Face front R45°, Lock L behind R, Step Fwd R, Hold

5 6 7 8 Turning 3/8th L to 9:00 wall, Step Fwd L, Lock R behind L, Step Fwd L, Hold

**Fwd Mambo Step, Hold, 3 Step Run Back, Hold 9:00**

1 2 3 4 Rock Fwd R, Replace Back to L, Step Back on R, Hold

5 6 7 8 Run Back Left, Right, Left, Hold

**Back Mambo Step, Hold, Full Turn Fwd R, Step Fwd, Hold 9:00**

1 2 3 4 Rock Back R, Replace Fwd to L, Step Fwd R, Hold

5 6 7 8 Turning Right-1/2 R Step Back on L, 1/2 R Step Fwd R, Step Fwd L, Hold

**1/2 Pivot Turn Left, Step Fwd, Hold, 3 Step Run Fwd, Hold 3:00**

1 2 3 4 Step Fwd R, 1/2 Pivot Turn L, Step Fwd R, Hold

5 6 7 8 Run Fwd Left, Right, Left, Hold

[32]

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