

# It Is What It Is

Count: 32

Wall: 4

Level: Beginner

Choreographer: Helen Woods (USA) - July 2015

Music: Let It Go - George Strait : (CD: Let It Go - Single / iTunes and Amazon)



**Alternative Music: Girl At Home by Taylor Swift [CD: Girl At Home – Single / iTunes and Amazon]**

**#16 count intro, 'Let It Go', but dance starts during the intro after the first 8 counts, i.e., the dance starts on the second 8 count of the intro**

**#32 count intro, 'Girl At Home'**

## **FRONT ROCK, RECOVER, COASTER STEP, STEP, TURN, CROSS SIDE CROSS**

- 1-2 Rock left forward, recover to right
- 3&4 Step left back, step right beside left, step left forward
- 5-6 Step right forward, turn  $\frac{1}{4}$  left with weight to left (9:00)
- 7&8 Step right across left, step left to side, step right across left

## **SIDE, BEHIND, SIDE, CROSS, SIDE ROCK, RECOVER, BEHIND SIDE CROSS**

- 1-2 Step left to side, step right behind left
- 3-4 Step left to side, step right across left
- 5-6 Rock left to side, recover to right
- 7&8 Step left behind right, step right to right side, step left across right

## **SIDE, HOLD TOGETHER SIDE, TOUCH, SIDE, HOLD TOGETHER SIDE, TOUCH**

- 1 Step right to side
- 2&3 Hold, step ball of left beside right, step right to side
- 4 Touch left beside right
- 5 Step left to side
- 6&7 Hold, step ball of right beside left, step left to side
- 8 Touch right beside left

## **BACK ROCK, RECOVER, SIDE ROCK, RECOVER, FRONT ROCK, RECOVER, COASTER STEP**

- 1-2 Rock right back, recover to left
- 3-4 Rock right to side, recover to left
- 5-6 Rock right forward, recover to left
- 7&8 Step right back, step left beside right, step right forward

## **REPEAT**

**TAG (for only Let It Go – no Tag for Girl At Home) After 7 rotations (original 3:00)**

### **WALK 4 STEPS CLOCKWISE IN A $\frac{3}{4}$ ARC**

**To the right making a  $\frac{3}{4}$  arc back to the original 12:00 position**

- 1-4 Turn  $\frac{1}{8}$  right stepping left forward, turn  $\frac{1}{4}$  right stepping right forward, turn  $\frac{1}{4}$  right stepping left forward, turn  $\frac{1}{8}$  right stepping right forward