

# Smell The Roses

**COPPERKNOB**  
STEPSHEETS

**Count:** 32

**Wall:** 2

**Level:** High Beginner

**Choreographer:** Cydney Conway (USA) - July 2015

**Music:** Smell the Roses - Heartbeat : (Album: Once in a Lifetime; iTunes)



**Begin dancing with lyrics. No Tags or Restarts. Begin with weight on L**

## **Section 1: Kick Ball Touch, Back Rock, Side, Together, Back, Scissor**

1&2 Kick R fwd, step R next to L, touch L next to R  
3 & 4 Rock back on L, recover fwd on R, step L to L side  
5-6 Step R next to L, step back on L  
7&8 Step R to R side, step L next to R, cross R over L

## **Section 2: Toe Strut (L & R), Behind, Side, Cross, Toe Strut (R & L), Cross Rock, Turn 1/4 R**

1&2& Touch L toe fwd, drop L heel down, touch R toe fwd, drop R heel down  
3&4 Cross L behind R, step R to R side, cross L over R  
5&6& Touch R toe fwd, drop R heel down, touch L toe fwd, drop L heel down  
7&8 Cross R over L, recover on R, turn 1/4 R stepping R to R side (3:00)

**(Face L diagonal for the L toe struts and R diagonal for the R toe struts.)**

## **Section 3: Cross, Side, Behind, Side, Cross Rock, Side, Cross, Side, Behind, Sailor (L)**

1&2& Cross L over R, step R to R side, cross L behind R, step R to R side  
3&4 Cross L over R, recover on R, step L to L side  
5&6 Cross R over L, step L to L side, cross R behind L  
7&8 Cross L behind R, step R to R side, step L to L side

## **Section 4: Monterey Turn 1/4 R, Sailors (R & L)**

1-4 Touch R to R side, turn 1/4 R stepping R next to L, touch L to L side, step L beside R (6:00)  
5&6 Cross R behind L, step L to L side, step R to R side  
7&8 Cross L behind R, step R to R side, step L to L side

**(Ending - Wall 10: You'll be facing 6:00. Dance counts 1&2 (kick ball touch) and add step fwd L pivot 1/2 R, step fwd L.)**

**Contact:** Cydney Conway; Ocala, FL; [ckcdanceoakrun@gmail.com](mailto:ckcdanceoakrun@gmail.com)