

# S Club Beat

**Count:** 32

**Wall:** 2

**Level:** Beginner

**Choreographer:** Denise Bisson (UK) - June 2015

**Music:** Don't Stop Movin' - S Club 7



**Intro: 32 counts – start on vocals. No tags or restarts!**

**S1: Chassé Right, Cross Rock, Recover, Back Rock, Recover, Cross Rock, Recover**

1&2 Step right to right side, step left beside right, step right to right side  
3-4 Cross rock left over right, recover on right  
5-6 Rock back on left, recover on right  
7-8 Cross rock left over right, recover on right

**S2: Chassé Left, Cross Rock, Recover, Back Rock, Recover, Cross Rock, Recover**

1&2 Step left to left side, step right beside left, step left to left side  
3-4 Cross rock right over left, recover on left  
5-6 Rock back on right, recover on left  
7-8 Cross rock right over left, recover on left

**S3: 1/4 Monterey Turn x 2**

1-2 Point right to right side, turn ¼ right on ball of left foot and step right beside left  
3-4 Point left to left side, step left beside right [3:0]  
5-6 Point right to right side, turn ¼ right on ball of left foot and step right beside left  
7-8 Point left to left side, step left beside right [6:0]

**S4: Triple Forward, Forward Rock, Recover, Triple 1/2 Turn Left, Pivot 1/2 Turn Left**

1&2 Step right forward, step left beside right, step right forward  
3-4 Rock forward on left, recover on right  
5&6 Triple ½ turn left – stepping left, right, left  
7-8 Step right forward, pivot ½ turn left (weight ends on left)

**REPEAT**

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