

# In My Head

**Count:** 32

**Wall:** 4

**Level:** Improver

**Choreographer:** Nathan Gardiner (SCO) - May 2015

**Music:** In My Head - Jason Derulo



**Intro: 16 counts start on vocals**

## **SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK BACK, RECOVER, KICK BALL CROSS**

1-2&3 Step right to right side, Step left behind right, Step right to right side, Cross step left over right  
4-5-6 Step right to right side, Rock back on left, Recover on right  
7&8 Kick left foot to left diagonal, Step ball of left next to right, Cross step right over left

## **SIDE, BEHIND, SIDE, CROSS, SIDE, ROCK BACK, RECOVER, KICK BALL CROSS**

1-2&3 Step left to left side, Step right behind left, Step left to left side, Cross step right over left  
4-5-6 Step left to left side, Rock back on right, Recover on left  
7&8 Kick right foot to right diagonal, Step ball of right next to left, Cross step left over right

## **ROCKING CHAIR, STEP 1/2 LEFT, SHUFFLE FORWARD**

1-2 Rock forward on right, Recover on left  
3-4 Rock back on right, Recover on left  
5-6 Step forward on right, Turn 1/2 left  
7&8 Step forward on right, Step left next to right, Step forward on right

## **ROCKING CHAIR, STEP 1/4 RIGHT, CROSS SHUFFLE**

1-2 Rock forward on left, Recover on right  
3-4 Rock back on left, Recover on right  
5-6 Step forward on left, Turn 1/4 right  
7&8 Cross step left over right, Step right to right side, Cross step left over right

**Restart: On wall 4 dance the first 16 counts then restart the dance**

**Start Again.....Happy Dancing**

**Contact: [nathan.gardiner1998@hotmail.co.uk](mailto:nathan.gardiner1998@hotmail.co.uk)**

---