

# Wilbury Twist

**COPPER KNOB**  
STEPSHEETS

**Count:** 48

**Wall:** 4

**Level:** Beginner

**Choreographer:** Margaret Fox (UK) - May 2015

**Music:** Wilbury Twist - The Traveling Wilburys



## Start on the vocals

### **Sec 1: Twist heels, toes, heels, toes, right, twist heels right, left, centre, hold, Moving to the right**

1-4 (twist heels right, twist toes right,)x2

5-8 twist heels right, twist heels left, twist heels centre, hold

### **Sec 2: Twist heels, toes, heels, toes left, twist heels left, right, centre, hold, Moving to the left**

1-4 (twist heels left, twist toes left)x2

5-8 twist heels left, twist heels right, twist heels centre, hold

### **Sec 3: Monterey 1/4 turns**

1-2 point right toe right, turn 1/4 right and step right next to the left

3-4 point left toe left, step left next to right

5-8 repeat 1-4

### **Sec 4: Toe fans right & left**

1-4 stomp right forward with toes in, fan toes out, in, out

5-8 stomp left forward with toes in, fan toes out, in, out

### **Sec 5: Heel struts 1/2 turn right Turning in a semi circle to the right**

1-8 (right heel forward, right heel down, left heel forward, left heel down)x2

### **Sec 6: Rocking chair, rock recover with 1/4 turn left 2 stomps**

1-4 rock forward on right, recover on left, rock back on right, recover on left

5-6 rock forward on right, recover on left turning 1/4 left,

7-8 stomp right next to left, stomp left next to right

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