

# This Old Heart

**COPPER** **KNOB**  
STEPSHEETS

Count: 32

Wall: 4

Level: Absolute Beginner

Choreographer: Elaine Hornagold (UK) - May 2015

Music: This Old Heart of Mine - The Isley Brothers



Intro: □ 32 Counts start on Vocals

**Section 1: □ Step R, Together L, Step R Touch, Step L, Together R, Step L, Touch R**

**Note: This section is done with Motown arm movements. □ □**

- 1 – 2            On slight right diagonal step forward right. Step left next to right.
- 3 – 4            Step forward on right. Touch left next to right.
- 5 – 6            On slight left diagonal step forward left. Step right next to left.
- 7 – 8            Step forward on left. Touch right next to left.

**Section 2: □ Diagonal Step Back With Touch x 4 (Claps)**

- 1 – 2            Step back to right diagonal on R foot, touch left next to right & clap
- 3 – 4            Step back to left diagonal on L foot, touch right next to left & clap
- 5 – 6            Step back to right diagonal on R foot, touch left next to right & clap
- 7 – 8            Step back to left diagonal on L foot, touch right next to left & clap

**Section 3: □ Side Together Forward Hold, Side Together ¼ Turn Left,**

- 1 – 2            Step R to R side. Close left next to Right.
- 3 – 4            Step forward Right. Hold.
- 5 – 6            Step Left to L side. Close right next to Left.
- 7 – 8            Turn ¼ Left step forward Left. Hold.

**Section 4: □ Side Together Back Hold, Coaster Step, Brush**

- 1 – 2            Step R to R side. Close left next to Right.
- 3 – 4            Step back right. Hold.
- 5 – 6            Step back left. Step back right next to left.
- 7 – 8            Step forward left. Brush right.

Contact: [www.applejaxlinedancers.co.uk](http://www.applejaxlinedancers.co.uk) - [elaine@applejaxlinedancers.co.uk](mailto:elaine@applejaxlinedancers.co.uk) □ □