

Three Times A Lady

Count: 48

Wall: 4

Level: Improver

Choreographer: Pauline Greenwood (AUS) - April 2015

Music: Three Times a Lady - The Commodores : (Album: The Definitive Collection - 3:39)



Position: Feet Together Weight On Right Foot. - Slow Waltz Time
#6 Count Intro. - Dance Starts On The Word 'Thanks' - Clockwise Rotation

[1 - 6] □ CROSS, BACK, SIDE, CROSS, BACK, SIDE.

1 2 3 Step L across R, Step R back, Step L to L side,
4 5 6 Step R across L, Step L back, Step R to R side,

[6 - 12] □ CROSS, BACK, SIDE, CROSS UNWIND HALF, TOGETHER, REPLACE.

1 2 3 Step L across R, Step R back, Step L to L side,
4 5 6 Step R across L and unwind 1/2L, Step L beside R, Replace weight on R together.

[13 - 18] □ WALTZ FORWARD, WALTZ BACK.

1 2 3 Step L forward, Step R beside L, Replace weight on L together.
4 5 6 Step R back, Step L beside R, Replace weight onto R together. **

[19 - 24] □ CROSS, SIDE, BEHIND, SIDE ROCK, BEHIND.

1 2 3 Step L across R, Step R to R side, Step L behind R,
4 5 6 Step R to R side, Rock replace weight on L, Step R behind L.

[25 - 30] □ QUARTER FORWARD, TOGETHER, REPLACE, QUARTER BACK, QUARTER ROCK, TOGETHER.

1 2 3 Turn 1/4L stepping L forward, Step R beside L, Replace weight on L, (9.00)
4 5 6 Turn 1/4R stepping R to R side, Turn 1/4L rocking weight on to L, Step R beside L.

[31 - 36] □ FORWARD, TOGETHER, REPLACE, QUARTER BACK, QUARTER ROCK, TOGETHER.

1 2 3 Step L forward, Step R beside L, Replace weight on L,
4 5 6 Turn 1/4R stepping R to R side, Turn 1/4L rocking weight on to L, Step R beside L.

[37 - 42] □ WALTZ BACK, HALF TURN WALTZ.

1 2 3 Step L back, Step R beside L, Replace weight on L together,
4 5 6 Step R back, Turn 1/2L stepping L forward, Replace R beside L. (3.00)

[43 - 48] □ SIDE, BACK, ROCK, SIDE, BACK, ROCK

1 2 3 Step L to L side, Step R behind L. Rock replace weight on L.
4 5 6 Step R to R side, Step L behind R Rock replace weight on to R.

TAG: □ □ At the end of Wall 1 (3.00) and Wall 5 (6.00) there is a 3 count tag.

1 2 3 Step L forward, Drag R to L for 2 counts taking weight on R.

RESTART ** □ Wall 3 Dance to count 18, then Restart Wall 4 to the front. □

Contact: www.pgldgeelong.com - email pauline@pgld.com.au