

# If You're Lonely

**Count:** 32

**Wall:** 4

**Level:** Easy Intermediate

**Choreographer:** Iliane Raiza van der Graaf (NL) - April 2015

**Music:** If You're Lonely Too - Jon Wolfe : (CD: Natural Man)



**Intro: 16 counts**

## **WALK BACK X2, COASTER STEP, SAMBA STEP, CROSS, ¼ TURN RIGHT, STEP BACK, ¼ TURN RIGHT, SIDE STEP**

- 1 step back on right
- 2 step back on left
- 3 step back on right
- & step left next to right
- 4 step forward on right
- 5 cross left in front of right
- & rock right to the right side
- 6 recover onto left
- 7 cross right in front of left
- & make ¼ turn right, step back on left
- 8 make ¼ turn right, step right to the right side [6:00]

## **CROSS, SIDE STEP, SAILOR STEP, ROCK FORWARD, RECOVER, ½ SHUFFLE TURN RIGHT**

- 9 cross left over right
- 10 step right to the right side
- 11 step left behind right
- & step right to the right side
- 12 step left to the left side [6:00]
- 13 rock forward on right
- 14 recover onto left
- 15 make ¼ turn right, step right to the right side
- & step left next to right
- 16 make ¼ turn right, step forward on right [12:00]

## **STEP FORWARD, TAP BEHIND &, HEEL FORWARD & STEP FORWARD, STEP FORWARD, PIVOT ½ TURN RIGHT, FULL TURN RIGHT FORWARD (3-STEP TURN)**

- 17 step forward on left
- 18 tap right behind left
- & step back on right
- 19 touch left heel forward
- & step left next to right
- 20 step forward on right
- 21 step forward on left
- 22 pivot ½ turn right [6:00]
- 23 make ½ turn right, step back on left
- & make ½ turn right, step forward on right
- 24 step forward on left [6:00]

## **ROCK FORWARD, RECOVER, COASTER STEP, ROCK FORWARD, RECOVER, TRIPLE ¾ TURN LEFT**

- 25 rock forward on right
- 26 recover onto left
- 27 step back on right
- & step left next to right

28 step forward on right [6:00]  
29 rock forward on left  
30 recover onto right  
31 make ¼ turn left, step left to the left side  
& make ¼ turn left, step right next to left  
32 make ¼ turn left, step left in place [9:00]

**Note:** This dance has several easy adjustments.

**TAG:** At the end of wall 3 add the following 8 counts, than start again.

**WALK BACK X2, COASTER STEP, STEP FORWARD, PIVOT ½ TURN RIGHT, COASTER STEP FORWARD**

1 step back on right  
2 step back on left  
3 step back on right  
& step left next to right  
4 step forward on right  
5 step forward on left  
6 pivot ½ turn right  
7 step forward on left  
& step right next to left  
8 step back on left

**RESTART:** Dance wall 5 until counts 27& and change count 28 in: TOUCH

28 touch right next to left - Then start again.

**FINISH:** Dance wall 10 until count 20, you will end facing 12:00 o'clock.

**DANCESEQUENCE:** 32, 32, 32, TAG, 32, 28, 32, 32, 32, 32, 20

**Contact:** [www.tennesseelinedancers.com](http://www.tennesseelinedancers.com)

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