

# Is This Love

Count: 64

Wall: 4

Level: Improver

Choreographer: Margaret Adams (UK) - March 2015

Music: We Only Live Once - Shannon Noll : (CD Single)



## #32 Count Intro

### S1: Walk Forward X 2, Forward Shuffle X 2,

- 1 – 2 Walk Forward Right. Walk Forward Left. ( Right: Left: Right: )
- 3 & 4 Step Right Forward. Close Left Beside Right. Step Right Forward
- 5 – 6 Walk Forward Left. Walk Forward Right. ( Left: Right: Left: )
- 7 & 8 Step Left Forward. Close Right Beside Left. Step Left Forward (12:00)

### S2: Kick Ball Point X 2 Sailor Step X 2

- 1 & 2 Kick Right Forward. Step Right Beside Left. Point Left To Left Side
- 3 & 4 Kick Left Forward. Step Left Beside Right. Point Right To Right Side
- 5 & 6 Cross Right Behind Left. Step Left To Side. Step Right To Side
- 7 & 8 Cross Left Behind Right. Step Right To Side. Step Left To Side (12:00)

### S3: Step Pivot ½ Heel Switches. Step Pivot ½ Heel Switches.

- 1 – 2 Step Right Forward. Pivot ½ Turn Left.
- 3 & 4 Touch Right Heel Forward Step Left Beside Right Touch Left Heel Forward.
- & 5 – 6 Step Left Forward Pivot ½ Turn Right.
- 7 & 8 Touch Left Heel Forward. Step Right Beside Left. Touch Right Heel Forward. (12:00)

### S4: Cross Rock. Chasse Cross Rock Chasse ¼ Turn

- 1 – 2 Cross Rock Right Over Left. Recover Onto Left.
- 3 & 4 Step Right To Side. Close Left Beside Right. Step Right To Side.
- 5 – 6 Cross Rock Left Over Right. Recover Onto Right.
- 7 & 8 Step Left To Side. Close Right Beside Left. Turn ¼ Stepping Left Forward. (9:00)

### S5: Kick Ball Step X 2 Step Pivot X 2

- 1 & 2 Kick Right Forward. Step Ball Of Right Beside Left Step Left Forward.
- 3 & 4 Kick Right Forward. Step Ball Of Right Beside Left Step Left Forward.
- 5 – 6 Step Right Forward. Pivot ½ Turn Left.
- 7 – 8 Step Right Forward. Pivot ½ Turn Left. (9:00)

### S6: Forward Rock Shuffle ½ Turn X 2

- 1 – 2 Rock Forward On Right. Recover Onto Left.
- 3 & 4 Shuffle Step ½ Turn. Stepping – Right. Left. Right.
- 5 – 6 Rock Forward On Left. Recover Onto Right.
- 7 & 8 Shuffle Step ½ Turn Left. Stepping – Left. Right. Left. (9:00)

### S7: Forward Rock. Coaster Step X 2

- 1 – 2 Rock Forward On Right. Recover Onto Left.
- 3 & 4 Step Right Back. Step Left Beside Right. Step Right Forward.
- 5 – 6 Rock Forward On Left. Recover Onto Right.
- 7 & 8 Step Left Back. Step Right Beside Left. Step Left Forward. (9:00)

### S8: Forward Rock. Shuffle ½ Turn. Forward Rock, Coaster Step.

- 1 – 2 Rock Forward On Right. Recover Onto Left.
- 3 & 4 Shuffle Step ½ Turn. Stepping Right. Left. Right.

5 – 6            Rock Forward On Left. Recover Onto Right.  
7 & 8            Step Left Back. Step Right Beside Left. Step Left Forward. (3:00)

Contact: [margadamsdancer@live.co.uk](mailto:margadamsdancer@live.co.uk)

---