

# If You Can

**Count:** 32

**Wall:** 4

**Level:** Intermediate

**Choreographer:** Roy Verdonk (NL) & José Miguel Belloque Vane (NL) - February 2015

**Music:** If You Can - Jolie Holiday



**Intro: 32 counts - (The clock notation is the wall you are facing)**

## **Walks (2X ), Lock Steps Diagonally Forward, Step ,1/2 Turn L**

- 1-2 Rf step forward, Lf step forward
- 3&4 Rf step forward to right diagonal, Lf lock behind Rf ( & ), Rf step forward to right diagonal
- 5&6 Lf step forward to left diagonal, Rf lock behind Lf ( & ), Lf step forward to left diagonal
- 7-8 Rf step forward, make 1/2 turn left stepping Lf forward ( 6.00 )

## **Step, 1/2 Turn L With Sweep, Sailor Step With 1/4 Turn R , Mambo Forward, 1/4 Turn L With Side Touch**

- 1-2 Rf step forward, make 1/2 turn left sweeping Lf from front to back ( 12.00 )
- 3&4 Lf cross behind Rf, make 1/4 turn right stepping Rf forward ( & ) , Lf step forward (3.00 )
- 5&6 Rf rock forward, recover onto Lf ( & ), Rf step back
- 7-8 make 1/4 turn left stepping Lf left, Rf touch to right (12.00 )

## **Full Turn R, Chasse R, Diamond Pattern With 1/2 Turn L**

- 1-2 make 1/4 turn right stepping Rf forward, make 1/2 turn left stepping Lf back
- 3&4 make 1/4 turn right stepping Rf right, Lf step together ( & ), Rf step right
- 5&6 Lf cross in front of Rf, Rf step right ( & ), make 1/8 turn left, stepping Lf back to diagonal (10.30 )
- 7&8 Rf step back to diagonal, make 1/8 turn left stepping Lf left ( 09.00 ) (& ) , make 1/8 turn left stepping Rf forward (7.30 )

## **Cross, Side, Sailor L With 1/4 Turn L, Mambo Forward R, Back, 1/2 Turn R, Step**

- 1-2 make 1/8 turn left stepping Lf in front of Rf (6.00 ) , Rf step right
- 3&4 Lf cross behind Rf, make 1/4 turn left stepping Rf right ( & ) , Lf step forward (3.00 )
- 5&6 Rf rock forward, recover onto Lf ( & ), Rf step back
- 7&8 Lf step back, make 1/2 turn right stepping Rf forward (& ) , Lf step forward (9.00 )

**Enjoy the dance!**

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