

# Rah-Rah Ooh La La (錯誤的情緣) (zh)

COPPER KNOB  
STYLEDANCE

Count: 0

Wall: 2

Level: Improver

Choreographer: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - 2010年03月

Music: Bad Romance - Lady Gaga : (CD: Bad Romance)



前奏 : Start 32 counts in on the vocals (0:17)

**第一段 Walk Fwd R,L,R,L, Point Fwd, Side, Cross, Unwind**  
走走走走, 前點, 交叉, 繞

- 1,4 Walk Fwd Rt, Lt, Rt, Lt, brushing shoulders with both hands  
右足前走, 左足前走, 右足前走, 左足前走, 雙手刷肩
- 5,6 Point Rt Fwd, Point Rt to Rt 右足前點, 右足右點
- 7,8 Cross Rt in front of Lt, Unwind a 3/4 turn Lt (weight Lt) (3:00)  
右足於左足前交叉踏, 左繞轉270度(重心在左足)(面向3點鐘)

**第二段 Rock & Rock, Behind 1/4 Turn Fwd, Walk R, L**  
右下沉, 回復 併 左下沉, 回復, 後 1/4 踏

- 1,2 Rock Rt to Rt, Replace weight Lt 右足右下沉, 左足回復
- &3,4 Step Rt next to Lt, Rock Lt to Lt, Replace weight Rt  
右足併踏, 左足左下沉, 右足回復
- 5&6 Step Lt behind Rt, Make 1/4 turn Rt stepping Rt Fwd, Step Lt Fwd (6:00) 左足於右足後踏, 右轉90度右足前踏, 左足前踏(6點鐘)
- 7,8 Step Fwd Rt, Lt 右足前踏, 左足前踏(面向6點鐘)

**第三段 Rt Sailor, Lt Sailor, Touch Fwd, Back, Rt Kick Ball Change**  
右水手, 左水手, 前點, 後點, 踢 併 踏

- 1&2 Step ball of Rt behind Lt, Step Lt in place, Step Rt to Rt  
右足於左足後踏, 左足踏, 右足右踏
- 3&4 Step ball of Lt behind Rt, Step Rt in place, Step Lt to Lt  
左足於右足後踏, 右足踏, 左足左踏
- 5,6 Touch Rt Fwd diagonally Lt (5:00), Touch Rt back diagonally Rt (11:00)  
右足左斜角前點(面向5點鐘), 右足右斜角後點(面向11點鐘)
- 7&8 Kick Rt Fwd diagonally Lt (5:00), Replace weight on the ball of Rt, Replace weight Lt (5:00)  
右足左斜前踢(面向5點鐘), 右足回復, 左足回復(面向5點鐘)

**第四段 Cross, Back, Turn, Turn, Dorothy Steps Fwd**  
交叉 後, 轉 轉, 桃樂蒂步

- 1,2 Cross Rt in front of Lt (5:00), Step back Lt 1/8 Rt (6:00)  
右足於左足前交叉踏(面向5點鐘), 右轉45度左足後踏(面向6點鐘)
- 3,4 Step Rt Fwd 1/4 turn Rt (9:00), Make a 1/4 turn Rt stepping Fwd Lt (12:00)  
右轉90度右足前踏(面向9點鐘), 右轉90度左足前踏(面向12點鐘)
- 5,8 Step ball of Rt behind Lt (5), Step Lt to Lt (&), Step Rt Fwd (6), Step ball of Lt behind Rt (7), Step Rt to Rt (&), Step Lt Fwd (8)  
右足於左足後踏, 左足左踏, 右足前踏, 左足於右足後踏, 右足右踏, 左足前踏

**第五段 Step, Turn, Step, Touch, Step, Touch, Kick Ball Step**  
踏 轉, 右點 左點, 踢 併 踏

- 1,2 Step Rt Fwd, Pivot 1/2 Turn Lt (6:00)  
右足前踏, 左軸轉180度(面向6點鐘)
- 3,6 Step Rt to Rt, Touch Lt in place facing (5:00), Step Lt to Lt, Touch Rt in place facing (7:00)  
右足右踏, 左足點(面向5點鐘), 左足左踏, 右足點(面向7點鐘)
- 7&8 Kick Rt Fwd diagonally Rt, Replace weight on the ball of Rt, Step Lt Fwd (7:00) 右足右斜角前踢, 右足踏, 左足前踏(面向7點鐘)

**第六段 Charleston Steps, Touch, Touch, Bounce Unwind**  
**查爾斯頓步, 點點, 彈跳繞轉**

- 1,4 Step Rt Fwd (7:00), Touch Lt Fwd (7:00), Step Lt Back (1:00), Touch Rt Back (1:00)  
右足前踏(面向7點鐘), 左足前點(面向7點鐘), 左足後踏(面向1點鐘), 右足後點(面向1點鐘)
- 5,6 Touch Rt Fwd (7:00), Touch Rt Back (1:00)  
右足前點(面向7點鐘), 右足後點(面向1點鐘)
- 7,8 Unwind 7/8 turn Rt bouncing your heels twice (weight Lt) (6:00)  
雙足踵以彈跳方式右繞轉7/8(面向6點鐘)

**第七段 Walk Fwd R,L, Step, Turn, Touch Step, Touch Step**  
**右足前走, 左足前走, 踏轉, 點踏點踏**

- 1,4 Walk Rt Fwd, Walk Fwd Lt, Step Rt Fwd, Pivot 1/2 Turn Lt (12:00)  
右足前走, 左足前走, 右足前踏, 左軸轉180度(面向12點鐘)
- 5,8 Touch Rt Fwd pushing hips Fwd, Step down Rt, Touch Lt Fwd pushing hips Fwd, Step down Lt 右足前點  
前推臀, 右足踏, 左足前點前推臀, 左足踏

**第八段 Step 1/2 Turn, 1/4 Behind, 1/4, Step, 1/2, Full Turn (Like a Fig.8)**  
**踏轉 1/4 後, 1/4 後, 1/4 踏, 轉轉(8字型)**

- 1,2 Step Rt Fwd, Pivot 1/2 Turn Lt (6:00)  
右足前踏, 左軸轉180度(面向6點鐘)
- 3,4 Make 1/4 Turn Lt stepping Rt to Rt (3:00), Step Lt behind Rt  
左轉90度右足右踏(面向3點鐘), 左足於右足後踏
- 5,6 Make 1/4 Turn Rt stepping Rt Fwd (6:00), Step Lt Fwd  
右轉90度右足前踏(面向6點鐘), 左足前踏
- 7,8 Make 1/2 Turn Rt weight Rt (12:00), Pivot on the Rt 1/2 Turn Rt stepping Lt to Lt (6:00) 右轉180度右足  
踏(12點鐘), 右轉180度左足左踏(6點鐘)

**RESTART happens here AFTER the 4th repetition and just after the Fashion Walk Tag.**  
前面四面牆結束時都加拍

**第九段 Flick Heel R&L&R&R&, Flick Heel L&R&L&L&**  
**抬踵右左右右, 抬踵左右左左**

- 1& With weight on the Rt toe flick Rt heel out to Rt, Bring Rt heel back to center (weight Rt)  
重心在右足, 右足踵向右抬, 右足踵轉回(重心在右足)
- 2& With weight on the Lt toe flick Lt heel out to Lt, Bring Lt heel back to center (weight Lt)  
重心在左足, 左足踵向左抬, 左足踵轉回(重心在左足)
- 3& With weight on the Rt toe flick Rt heel out to Rt, Bring Rt heel back to center 重心在右足, 右足踵向右抬,  
右足踵轉回
- 4& Flick Rt heel out to Rt, Bring Rt heel back to center (weight Rt)  
右足踵向右抬, 右足踵轉回(重心在右足)
- 5& With weight on the Lt toe flick Lt heel out to Lt, Bring Lt heel back to center (weight Lt)  
重心在左足, 左足踵向左抬, 左足踵轉回(重心在左足)
- 6& With weight on the Rt toe flick Rt heel out to Rt, Bring Rt heel back to center (weight Rt)  
重心在右足, 右足踵向右抬, 右足踵轉回(重心在右足)
- 7& With weight on the Lt toe flick Lt heel out to Lt, Bring Lt heel back to center 重心在左足, 左足踵向左抬, 左  
足踵轉回
- 8 Flick Lt heel out to Lt 左足踵向左抬
- & Bring Lt heel back to center (weight Lt) beginning start of Rt Mash Potato swivel Rt heel out to Rt  
左足踵轉回(重心在左足), 右足踵轉向右(馬鈴薯步的開始)

**第十段 Mash Potato, Coaster Step, Walk L,R Lock Step Fwd**  
**馬鈴薯步, 海岸步, 走走, 前鎖步**

- 1&2 Step Rt behind Lt (ending Rt Mash Potato), Swivel Lt heel out to Lt, and step Lt behind Rt (Mash Potato)  
右足於左足後踏(右馬鈴薯步), 左足踵轉向左, 左足於右足後踏(
- 3,6 Step Rt back (3), Step Lt next to Rt (&), Step Rt Fwd (4), Walk Fwd Lt (5), Rt (6) 右足後踏, 左足併踏, 右足  
前踏, 左足前走, 右足前走

- 7&8 Step Lt Fwd, Lock Rt behind Lt, Step Lt Fwd (6:00)  
左足前踏, 右足於左足後鎖踏, 左足前踏(面向6點鐘)
- TAG: Fashion Walk x3 (1-24) 流行走步 三次**
- 1-8& Walk Fwd R,L,R,L, 1/4 C Bumps 1/4  
前走-右, 左, 右, 左, 1/4 C轉臀 1/4
- 1-4 Walk Fwd Rt, Lt, Rt, Lt (12:00)  
前走-右, 左, 右, 左(面向12點鐘)
- 5 Make 1/4 turn Lt touching pushing Rt hip up (9:00) (beginning of C Bumps), look towards (12:00)  
左轉90度往上轉臀向上看(開始C轉臀動作)
- &6&7&8 Circle hip down, Circle hip up, Circle hip down (weight Rt)  
往下轉臀, 往下轉臀, 往下轉臀
- & Make 1/4 turn Lt stepping fwd Lt (6:00). Repeat 1-8 again another 2 times. 左轉90度左足前踏(面向6點鐘),  
重覆1-8兩次
-