

# Gimme It (給我給我) (zh)

COPPER KNOB  
STEPSHEETS

Count: 64

Wall: 2

Level: Intermediate

Choreographer: Elle Jay (UK) - 2008年08月

Music: Gimme! Gimme! Gimme! (A Man after Midnight) - Amanda Seyfried : (CD: Mamma Mia The Movie)



前奏 : Start on vocals. 唱歌起跳

**第一段 Side, Cross, Rock, ¼ Turn L Shuffle, Step R Forward ½ L Pivot, Forward Shuffle** 側, 交叉, 下沉, 左轉1/4 交換步, 右前踏轉1/2, 前交換步

1-2-3 Step R to R side, cross rock L over R, Rock back onto R  
右足右踏, 左足於右足前交叉下沉, 右足後下沉

4&5 Step L ¼ turn L, step R beside L, step forward L  
左轉90度左足踏, 右足併踏, 左足前踏

6-7, 8&1 Step forward R, pivot ½ turn L, Step forward R, close left beside R, step forward R  
右足前踏, 左轉180度, 右足前踏, 左足併踏, 右足前踏

**第二段 Full Turn R, Cross, Rock, Recover, Cross & Heel, Step, Together** 右轉圈, 交叉, 下沉, 回復, 交叉 & 踵, 踏, 併

2-3, 4&5 On ball of R pivot ½ turn R stepping back L, on ball of L pivot ½ turn R stepping forward R, Cross L over R, rock R to R side, step L to L side  
右轉180度左足後踏, 左轉180度右足前踏, 左足於右足前交叉踏, 右足右下沉, 左足左踏

6&7 Cross R over L, step L to L side, touch R heel diagonally forward R, 右足於左足前交叉踏, 左足左踏, 右足踵右斜角線前點

8& Step R beside, step L in place  
右足併踏, 左足原地踏

**第三段 Cross, Side, Behind ¼ R & Heel, Step, ¼ L, ¼ L, ¼ L Chasse** 交叉, 側, 後右轉1/4 & 踵, 踏, 左1/4, 左1/4, 左1/4追步

1-2 Cross R over L, step L to L side  
右足於左足前交叉踏, 左足左踏

3&4& Cross R behind L turn ¼ R, stepping L back, touch R heel forward, step R in place  
右足於左足後交叉踏, 右轉90度左足後踏, 右足踵前點, 右足原地踏

5-6 ¼ L step L forward, ¼ L step R back,  
左轉90度左足前踏, 左轉90度右足後踏

7&8 ¼ L step L to L side, close R beside L, step L to L side  
左轉90度左足左踏, 右足併踏, 左足左踏

**第四段 Forward Mambo, Back Mambo, Cross, ¼ R, ¼ R Chasse** 前曼波, 後曼波, 交叉, 右1/4, 右1/4追步

1&2 Rock forward on R, rock back on L, step R back.  
右足前下沉, 左足後下沉, 右足後踏

3&4 Rock back on L, rock forward on R, step forward L,  
左足後下沉, 右足前下沉, 左足前踏

5-6, 7&8 Cross R over L, ¼ R step L back, ¼ R step R to R side, close L beside R, step R to R side  
右足於左足前交叉踏, 右轉90度左足後踏, 右轉90度右足右踏, 左足併踏, 右足右踏

**第五段 Forward Mambo, Back Mambo, Cross, Side, Sailor ¼ L** 前曼波, 後曼波, 交叉, 側, 左轉1/4水手步

- 1&2,3&4 Rock forward on L, rock back on R, step L back, rock back on R, rock forward on L, step R forward  
左足前下沉, 右足後下沉, 左足後踏,  
右足後下沉, 左足前下沉, 右足前踏
- 5-6 Cross L over R, step R to side,  
左足於右足前交叉踏, 右足右踏
- 7&8 Cross L behind R, ¼ turn L stepping R beside L, step L to L side  
左足於右足後交叉踏, 左轉90度右足併踏, 左足左踏

To finish facing front on final wall replace ¼ L sailor (section 5) with ¾ L sailor  
最後一面牆以左轉270度水手步取代轉90度水手步, 面向前面結束

**第六段 ¼ R Skate, ½ L Skate, ½ R Forward Shuffle, ½ L Skate, ½ R Skate, ½ L Forward Shuffle**  
右¼滑冰, 左½滑冰, 右½前交換, 左½滑冰, 右½滑冰, 左½前交換

- 1-2,3&4 ¼ R skate R forward, ½ L skate L forward, ½ R step R forward, close L beside R, step R forward  
右轉90度右前滑冰步, 左轉180度左前滑冰步,  
右轉180度右足前踏, 左足併踏, 右足前踏
- 5-6, 7&8 ½ L skate L forward, ½ R skate R forward, ½ L step forward L, close R beside L, step forward L  
左轉180度左前滑冰步, 右轉180度右前滑冰步,  
左轉180度左足前踏, 右足併踏, 左足前踏

**第七段 Jazz Box, Rock, Recover, Triple ¾ R**  
爵士方塊, 下沉, 回復, 小三步右轉¾

- 1-2-3-4 Cross R over left, step L back to L side, Step R back to R side, step L next to R  
右足於左足前交叉踏, 左足左後踏, 右足右後踏, 左足併踏
- 5-6, 7&8 Rock forward on R, recover back on L, Triple ¾ R stepping, R, L, R 右足前下沉, 左足後回復, 小三步右  
轉270度-右, 左, 右

**第八段 Side, Hold, Together, Side, Cross, Scissor Step, Kick Ball Cross**  
側, 候, 併, 側, 交叉, 剪刀步, 踢交叉交換

- 1-2, &3,4 Step L to side, hold, step R next to L, step L to side, step R across L 左足左踏, 候, 右足併踏, 左足左踏,  
右足於左足前交叉踏
- 5&6 Step L to L, step R next to L, cross L over R,  
左足左踏, 右足併踏, 左足於右足前交叉踏
- 7&8 Kick R diagonally forward R, step R next to L, cross L over R  
右足右斜角線前踢, 右足併踏, 左足於右足前交叉踏

TWO simple tags both facing 12 o'clock  
二個簡單的加拍動作, 都在面向12點鐘方向

TAG 1: 4 counts end of 2nd wall. 第二面牆結束時加4拍

Step R Forward, Pivot ½ L Twice. 右前踏, 左轉1/2 二次

- 1-2-3-4 Step R forward, ½ pivot turn L, step R forward, ½ pivot turn L  
右足前踏, 左轉180度, 右足前踏, 左轉180度

Tag 2: 22 counts tag at the end of 4th wall 第四面牆結束時, 加22拍

**Side Rock, Recover, R Sailor, L Sailor, Step R Forward, Pivot ½ L**  
側下沉, 回復, 右水手, 左水手, 右前, 左轉1/2

- 1-2, 3&4 Rock R to R side, recover on L, Cross R behind L, step L to L side, step R to R side  
右足右下沉, 左足回復, 右足於左足後交叉踏, 左足左踏, 右足右踏
- 5&6, 7-8 Cross L behind R, step R to R side, step L to L side, step R forward ½ pivot turn L  
左足於右足後交叉踏, 右足右踏, 左足左踏, 右足前踏, 左轉180度

**Repeat 1- 8 of second tag to end facing 12.00**  
重覆前面八拍, 結束時面向12點鐘方向

**Rock Forward and Back, Hip bumps**  
前下沉 & 後, 推臀

- 17-20 Rock forward on R, recover back on L, rock back on R, recover forward on L 右足前下沉, 左足後回復, 右足後下沉, 左足前回復
- 21-22 Step R to R bumping hips R, step L to L bumping hips L  
右足右踏右推臀, 左足左踏左推臀
-