

# Shake It Off

**COPPERKNOB**  
BY STEPHEN

**Count:** 64

**Wall:** 4

**Level:** High Beginner

**Choreographer:** Teresa Chen (TW) - December 2014

**Music:** Shake It Off - Taylor Swift



**Intro: 16 count - 1 TAG**

**(S1) R Hands Up, L Hands Up, Swivel R**

1-2 Bend knees ,up(with R hands up)  
3-4 Bend knees ,up (with L hands up)  
5 6 7 8 Weight on both feet, swivel heels to R, toes to R, heels to R, toes to R(progressing right)

**(S2) L Hands Up, R Hands Up, Swivel L**

1-2 Bend knees ,up (with L hands up)  
3-4 Bend knees ,up (with R hands up)  
5 6 7 8 Weight on both feet, swivel heels to L, toes to L, heels to L, toes to L(progressing left)

**(S3) Step Rf forward, Clap hands, Clap hips**

1 Step Rf forward(with R hips to forward)  
2&3 Clap hands twice, L hips to backward  
4 Clap R hips  
5 Step Rf forward(with R hips to forward)  
6&7 Clap hands twice, L hips to backward  
8 . Clap R hips

**(S4) Rf low kick, Lf low kick, 1/4L Turn, Rf low kick, Lf low kick(with snap fingers)**

1,2 Rf low kick , Rf step  
3,4 Lf low kick, Lf step  
5,6 !/4 L turn, Rf low kick, Rf step  
7,8 Lf low kick, Rf step

**(S5) Swivel R, shimmy**

1 2 3 4 Weight on both feet, swivel heels to R, toes to R, heels to R, toes to R(progressing right)  
5 6 Shimmy forward  
7 8 Shimmy backward

**(S6) Swivel L, shimmy**

1 2 3 4 Weight on both feet, swivel heels to L, toes to LR, heels to L, toes to L(progressing left)  
5 6 Shimmy forward  
7 8 Shimmy backward

**(S7) Out, out, in, in(Hand movements: shake hands out)**

1 2 Rf forward out  
3 4 Lf forward out  
5 6 Rf backward in  
7 8 Lf backward in

**(S8) 1/2 L turn, Rf step, Lf flick,Lf step , Rf flick, repeat**

1 2 Rf step, Lf flick (1/8 L turn)  
3 4 Lf step, Rf flick (1/8 L turn)  
5 6 Rf step, Lf flick (1/8 L turn)  
7 8 Lf step, Rf flick (1/8 L turn)

**TAG(8 count): After section 4 of wall 7(3:00), continue with section 5 after TAG**

1-8 Bump hips(R,L,R,L,R,L,R,L)

**Happy Dancing!**

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