

Night Work (夜班的) (zh)

COPPER KNOB
BY STEPSHEETS

Count: 64

Wall: 4

Level: Intermediate

Choreographer: Jo Kinser (UK), John Kinser (UK) & Mark Furnell (UK) - 2010年06月

Music: Night Work - Scissor Sisters



前奏 : Start 48 counts after the Guitar Rift (0:30)

第一段 Stomp, Step, Rock Step, Rock 1/4 Turn, Shuffle 1/2 Turn Lt 重踏, 踏, 後下沉 踏, 右下沉 左1/4, 轉交換

- 1,2 Stomp Rt to Rt, Replace weight Lt 右足右重踏, 左足踏
- 3,4 Rock Rt behind Lt, Step Lt in place 右足於左足後下沉, 左足踏
- 5,6 Rock Rt to Rt, Step Lt fwd 1/4 turn Lt
右足右下沉, 左轉90度左足前踏
- 7&8 Make 1/4 turn Lt stepping Rt to Rt, Step Lt next to Rt, Make 1/4 turn Lt stepping Rt back (3:00)
左轉90度右足右踏, 左足併踏, 左轉90度右足後踏(面向3點鐘)

第二段 Rock Step, Walk Fwd, Kick & Touch, Heel & Heel 後下沉 回復, 走走, 踢 併點, 踵收踵

- 1,2 Rock Lt back, Replace weight Rt 左足後下沉, 右足回復
- 3,4 Walk fwd Lt, Rt 左足前走, 右足前走
- 5&6 Kick Lt fwd, Step Lt next to Rt, Touch Rt to Rt
左足前踢, 左足併踏, 右足右點
- 7&8 Touch Rt heel fwd, Step Rt next to Lt, Touch Lt heel fwd
右足踵前點, 右足併踏, 左足踵前點

第三段 And Rock 1/4 Turn, Rt Crossing Shuffle, 1/2 Hinge Turn, Rt Crossing Shuffle 併-踏 左1/4, 交叉交換, 1/4 1/4, 交叉交換

- &1,2 Step Lt next to Rt, Step Rt fwd, Make a 1/4 turn Lt (weight Lt) (12:00)
左足併踏, 右足前踏, 左轉90度重心在左足(面向12點鐘)
- 3&4 Cross Rt in front of Lt, Step Lt to Lt, Cross Rt in front of Lt
右足於左足前交叉踏, 左足左踏, 右足於左足前交叉踏
- 5,6 Make 1/4 turn Rt stepping back Lt, Make 1/4 turn Rt stepping Rt to Rt 右轉90度左足後踏, 右轉90度右足
右踏
- 7&8 Cross Lt in front of Rt, Step Rt to Rt, Cross Rt in front of Lt (6:00)
左足於右足前交叉踏, 右足右踏, 右足於左足前交叉踏(面向6點鐘)

RESTART 1 第二面牆24拍從頭起跳

第四段 Rock Step, Behind & Cross, Lt Chasse, Rt Cross Rock 右下沉 回復, 後 旁 前, 左追步, 交叉下沉 回復

- 1,2 Rock Rt to Rt, Replace weight Lt 右足右下沉, 左足回復
- 3&4 Step Rt behind Lt, Step Lt to Lt, Cross Rt in front of Lt
右足於左足後踏, 左足左踏, 右足於左足前交叉踏
- 5&6 Step Lt to Lt, Step Rt next to Lt, Step Lt to Lt
左足左踏, 右足併踏, 左足左踏
- 7,8 Rock Rt fwd in front of Lt, Replace weight Lt
右足於左足前交叉下沉, 左足回復

第五段 Step, Hold, And Step, Hold, And Rock Step, Sailor Step 踏, 候, 併-踏, 候, 併-右下沉 回復, 水手步

- 1,2 Step Rt to Rt, Hold-Clap 右足右踏, 候-拍手

- &34 Step Lt next to Rt, Step Rt to Rt, Hold-Clap
左足併踏, 右足右踏, 候-拍手
- &56 Step Lt next to Rt, Rock Rt to Rt, Replace weight Lt
左足併踏, 右足右下沉, 左足回復
- 7&8 Step Rt behind Lt, Step Lt to Lt, Step Rt fwd
右足於左足後踏, 左足左踏, 右足前踏

第六段 Stomp, Hold, And Cross Back, 1/2 Turn, Run Fwd Lt, Rt, Lt
重踏, 候, 後-交叉 後, 1/4 1/4, 跑 跑 跑

- 1,2 Stomp Lt fwd, Hold 左足前重踏, 候
- &34 Step Rt back, Cross Lt in front of Rt, Step Rt back
右足後踏, 左足於右足前交叉踏, 右足後踏
- 5,6 Make 1/4 turn Lt stepping Lt to Lt, Make 1/4 turn Lt stepping Rt fwd (12:00) 左轉90度左足左踏, 左轉90度右足前踏(面向12點鐘)
- 7&8 Step Lt fwd, Step Rt fwd, Step Lt fwd
左足前踏, 右足前踏, 左足前踏

RESTART 2 第三面牆48拍從頭起跳

第七段 Rocking Chair, Step 1/2 Turn, Step 1/4 Turn
搖椅步, 踏 轉, 踏 1/4

- 1,2 Rock Rt fwd, Replace weight Lt 右足前下沉, 左足回復
- 3,4 Rock Rt back, Replace weight Lt 右足後下沉, 左足回復
- 5,6 Step Rt fwd, Make 1/2 turn Lt (weight Lt) (6:00)
右足前踏, 左轉180度重心在左足(面向6點鐘)
- 7,8 Step Rt fwd, Make 1/4 turn Lt (weight Lt) (3:00)
右足前踏, 左轉90度重心在左足(面向3點鐘)

RESTART 3 第四面牆56拍從頭起跳

第八段 Jazz Box with a Cross, Side, Hold, Behind, Side, Cross
爵士方塊帶交叉, 右, 候, 後, 右, 交叉

- 1,2 Cross Rt in front of Lt, Step back Lt
右足於左足前交叉踏, 左足後踏
- 3,4 Step Rt to Rt, Cross Lt in front of Rt
右足右踏, 左足於右足前交叉踏
- 5,6 Step Rt to Rt (Extend Rt hand to Rt side (Palm facing out), Hold
右足右踏(右手伸向右邊, 手掌向外), 候
- &78 Step Lt behind Rt, Step Rt to Rt, Cross Lt in front of Rt
左足於右足後踏, 右足右踏, 左足於右足前交叉踏
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