

# Hanging On

Count: 64

Wall: 4

Level: High Improver

Choreographer: David Sinfield (UK) - November 2014

Music: You Keep Me Hangin' On - Reba McEntire : (Album: Toe the Line 4 or Starting Over)



## (DANCE STARTS ON LYRICS)

### KICK BALL TOUCH, KICK BALL TOUCH, RIGHT SHUFFLE, PRESS ROCK

- 1&2 Kick right forward, step right down, touch left to left  
3&4 Kick left forward, step left down, touch right to right  
5&6 Step forward right, close left beside right, step forward right  
7-8 Press left toe forward, replace weight onto right

### SHUFFLE ½ LEFT X 3, PRESS ROCK

- 1&2 Shuffle ½ turn left stepping left-right-left  
3&4 Shuffle ½ turn left stepping right-left-right  
5&6 Shuffle ½ turn left stepping left-right-left  
7-8 Press right toe forward, replace weight onto left

### RIGHT SAILOR, LEFT SAILOR, RIGHT SAILOR, LEFT SAILOR

- 1&2 Cross right behind left, step left to left, step right to right side  
3&4 Cross left behind right, step right to right, step left to left side  
5-8 Repeat steps 1-4

### WEAVE LEFT WITH ¼ TURN LEFT, STEP PIVOT, RIGHT SHUFFLE

- 1-3 Cross right over left, step left to left side, cross right behind left  
4 Step left into ¼ turn left  
5-6 Step right forward, pivot ½ turn left  
7&8 Step right forward, close left beside right, step right forward

### WEAVE RIGHT WITH ¼ TURN RIGHT, STEP PIVOT, SHUFFLE ½ TURN RIGHT

- 1-3 Cross left over right, step right to right, cross left behind right,  
4 Step right into ¼ turn right  
5-6 Step forward left, pivot ½ turn right  
7&8 Shuffle ½ right stepping left-right-left

### SIDE ROCK, CROSS SHUFFLE, ROCK ¼ TURN, SHUFFLE ½ TURN RIGHT

- 1-2 Rock right to right, replace weight onto left  
3&4 Cross right over left, step left to left, cross right over left  
5-6 Rock left to left, turn a ¼ turn right replacing weight onto right  
7&8 Shuffle ½ turn right stepping left-right-left

### BACK ROCK, RIGHT SHUFFLE, STEP TURN, CROSS SHUFFLE

- 1-2 Rock back on right, replace weight onto left  
3&4 Step right forward, close left beside right, step right forward  
5-6 Step left forward, pivot ¼ turn right  
7&8 Cross left over right, step right to right, cross left over right

### SIDE ROCK, BEHIND SIDE, CROSS, SIDE ROCK, SAILOR ¼ TURN LEFT

- 1-2 Rock right to right, replace weight onto left  
3&4 Cross right behind left, step left to left, cross right over left  
5-6 Rock left to left, replace weight onto right

7&8

Cross left behind right, step right into  $\frac{1}{4}$  turn left, step forward left

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