

# Dance 4Evermore

Count: 128

Wall: 1

Level: Phrased High Improver

Choreographer: Kay Cartwright (UK) - October 2014

Music: Dance for Evermore - Si Cranstoun



This dance is performed in sections which relate to the verse, chorus and bridge.

The pattern of the dance is: A A B C A A B C(1-24) B C(1-24) Pose to finish

Start dancing on lyrics

## PART A – 32 counts

### RIGHT & LEFT SIDE STEPS

- 1-2 Step right to side, step left beside right
- 3-4 Step right to side, touch left beside right
- 5-6 Step left to side, step right beside left
- 7-8 Step left to side, touch right beside left

### ZIG ZAG FORWARD AND BACK

- 9-10 Step right diagonally forward, touch left beside right
- 11-12 Step left diagonally forward, touch right beside left
- 13-14 Step right diagonally back, touch left beside right
- 15-16 Step left diagonally back, touch right beside left

### LONG STEP RIGHT, LOWER & RAISE HEELS

- 17-20 Long step to right side, touch left beside right
- 21-22 Drop left heel whilst raising right heel, drop right heel whilst raising left heel
- 23-24 Drop left heel whilst raising right heel, drop right heel whilst raising left heel

### LONG STEP LEFT, LOWER & RAISE HEELS

- 25-28 Long step to left side, touch right beside left
- 29-30 Drop right heel whilst raising left heel, drop left heel whilst raising right heel
- 31-32 Drop right heel whilst raising left heel, drop left heel whilst raising right heel

## PART B – 64 counts

### EXTENDED VINE LEFT, CHA CHA CHA LEFT

- 1-2 Step right across left, step left to side
- 3-4 Step right behind left, step left to side
- 5-6 Step right across left, step left to side
- 7-8&9 Step right behind left (7) , step left to side(8), step right beside left(&),step left to side(9),

### CHECK ACROSS, CHA CHA CHA X2

- 10-11 Check right across left, replace on left
- 12&13 Step right to side, step left beside right, step right to side
- 14-15 Check left across right, replace on right
- 16&17 Step left to side, step right beside left, step left to side

### ROCK BACK, CHA CHA CHA X2

- 18-19 Rock right back, replace forward left
- 20&21 Step right to side, step left beside right, step right to side
- 22-23 Rock left back, replace forward right
- 24&25 Step left to side, step right beside left, step left to side

## **MODIFIED JAZZ BOXES**

- 26-27 Step right across left, step left back  
28-29 Step right to side, step left across right  
30-32 Step right back, step left to side, step right beside left.

## **EXTENDED VINE RIGHT, CHA CHA CHA RIGHT**

- 33-34 Step left across right, step right to side  
35-36 Step left behind right, step right to side  
37-38 Step left across right, step right to side  
39-40&41 Step left behind right, step right to side, step left beside right, step right to side

## **CHECK ACROSS, CHA CHA CHA X2**

- 42-43 Check left across right, replace on right  
44&45 Step left to side, step right beside left, step left to side  
46-47 Check right across left, replace on left  
48&49 Step right to side, step left beside right, step right to side

## **ROCK BACK, CHA CHA CHA X2**

- 50-51 Rock left back, replace forward right  
52&53 Step left to side, step right beside left, step left to side  
54-55 Rock right back, replace forward left  
56&57 Step right to side, step left beside right, step right to side

## **MODIFIED JAZZ BOXES**

- 58-59 Step left across right, step right back  
60-61 Step left to side, step right across left  
62-64 Step left back, step right to side, step left beside right.

## **PART C – 32 counts**

### **PADDLE ½ TURN LEFT**

- 1-2 Take weight on ball of right turning 1/8 to left, place weight on left  
3-4 Take weight on ball of right turning 1/8 to left, place weight on left  
5-6 Take weight on ball of right turning 1/8 to left, place weight on left  
7-8 Take weight on ball of right turning 1/8 to left, place weight on left

### **HEEL TOUCHES**

- 9-10 Touch right heel forward, small step back on right  
11-12 Touch left heel forward, small step back on left  
13-14 Touch right heel forward, small step back on right  
15-16 Touch left heel forward, small step back on left

### **PADDLE ½ TURN LEFT**

- 17-18 Take weight on ball of right turning 1/8 to left, place weight on left  
19-20 Take weight on ball of right turning 1/8 to left, place weight on left  
21-22 Take weight on ball of right turning 1/8 to left, place weight on left  
23-24 Take weight on ball of right turning 1/8 to left, place weight on left

### **HEEL TOUCHES**

- 25-26 Touch right heel forward, small step back on right  
27-28 Touch left heel forward, small step back on left  
29-30 Touch right heel forward, small step back on right  
31-32 Touch left heel forward, small step back on left

